



## The Dark And Mysterious At Davis Art Center

**T**he Sidney and Berne Davis Art Center will offer two spine-tingling art exhibitions with an opening reception during Art Walk on Friday, October 2 from 6 to 10 p.m.

The 4th annual Dark Art exhibition will feature Syzygy's Dark Art 2020 group exhibition in the Grand Atrium, while The Divine End, a solo show by Tonya Barnes, will be on display in the Capital Gallery.

This show is dedicated to the spirit of horror, macabre and darkness during the Halloween season. The free public event welcomes all ages, however, the burlesque act starting at 9 p.m. is an age 18 and older show.

The Divine End introduces a new collection of works by Tonya Barnes that pertains to the life we are currently living, with connected collaboration pieces based on the dark and excitable. Many of these handmade pieces are created without a plan. Photography is the second stage



**SELFIE by Tonya Barnes**

of her art with the overall goal to instill emotion. Barnes hopes when you see this side of her world, you will question

photo provided

why she saw what she did – question her reasoning and discover how it relates to your own life. Inspired by the dark

and mysterious, she appreciates non-mainstream music, art and social life, avoiding the news and TV like the plague. Her photography is often done in stages: create or find curious items, work it into a theme, then photograph and edit. Most people describe her work as “moody” and “dark,” something for conversations over coffee or a snifter of brandy and a loosely lit cigar. She’s much inspired by the ‘20s and ‘30s, chunky rhinestone necklaces from Czechoslovakia, vintage horror movies and mythical creatures like mermaids and fauns.

The opening reception will be an immersive experience with music, live performances, live art and entertainment in addition to spectacularly spooky original art. Costumes and masks are encouraged, and all are welcome to come and celebrate all things dark. Exhibits were curated by Cesar Aguilera.

Both shows will be on display through Tuesday, October 20.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.✱



**Officials and guests from Alliance for the Arts and Rotary Club of Fort Myers South at the dedication ceremony**

photo provided

## Ceremony Held For New Rotary South Plaza

**A**s part of ongoing enhancements to the Alliance for the Arts ArtsPark and campus, a dedication ceremony for the Rotary Club of Fort Myers South Plaza was held on September 16. The plaza, on the southwest corner of the Alliance campus, is made possible by a

\$25,000 gift from the Rotary Club of Fort Myers South to the Alliance for the Arts.

The Rotary South Plaza is part of the overarching Alliance ArtsPark and Water Wall. Project highlights include new crosswalks, sidewalk, pathways, lighting, landscaping reflecting Southwest Florida ecosystems, a new contemporary building paint job and a reshaped retention basin that is more effective at collecting and cleaning stormwater. All enhancements are anchored by the installation of

continued on page 12

## October Evenings At The Estates



**Visitors appreciate the grounds at Edison and Ford Winter Estates**

photo provided

**E**dison and Ford Winter Estates is inviting the public to visit after regular hours on two Friday evenings, October 2 and October 16, for Autumn Nights at Edison Ford. From 6 to 9 p.m., guests will be able to stroll the grounds, listen to music, watch the sun set and sip some beverages. Visitors may also walk onto the porches of Thomas Edison's and Henry Ford's winter homes, and stroll the grounds at their own pace, while practicing social distancing.

Discounted admission tickets for

the nighttime openings are \$20 for non-members and \$15 for members. The American Grilled Cheese Kitchen and Coastal Dayz Brewery will have refreshments available for purchase. Teddy Richards will perform on October 2, and island-themed music will be played on October 16. Guests may bring a lawn chair or blanket to relax and watch the sunset. The museum and research laboratory will not be open.

Following guidelines from the Centers continued on page 10



Historic Downtown Fort Myers, Then And Now:

# Protests, A Sampling



by Gerri Reaves, PhD

Fort Myers has seen its share of protests and demonstrations, and local history teaches us that citizens will go on the line for whatever matters to them.

To prove it, they march, sit-in, camp out, stand up and speak, write letters, don amusing costumes, or boycott, acting solo or in concert with hundreds of other protesters. A protest can be a heartfelt speech or street theater.

Here are just a few examples ponder. If you're curious how they turned out, dive into local history at the research centers mentioned below.

In January 1930, city beautification proponents protested the destruction of a poinciana tree at a construction site at First and Fowler. One woman went so far as to step into the hole at the construction site and demand that the removal stop.

In March 1934, during the Great Depression, public funds were scarce and students marched to save their schools, which were in danger of closing for the remainder of the term.

Accompanied by adults, students of all ages proceeded down First Street carrying signs like "Help the Children, Pay Your Taxes" and "We're Not Fools. We Want Schools."

In October 1939, Hendry Street merchants united to file petitions at City Hall to protest five-cent parking meters.

On July 3, 1964, Lee County Commissioner PA Geraci staged a one-man protest over the closing of the Lee County Courthouse that day. He contended that closing the day before the July 4 holiday was a waste of taxpayers' money and manned the reception desk himself in an almost deserted courthouse. He had a busy day!

Sometimes protest involves a principled intention not to do something. In May 1969, students at Dunbar Junior-Senior High School planned a school boycott to protest the school board's plan to close their school and transfer students to other schools. The students counter-proposed to the school board that whites be transferred to the Dunbar



In March 1934, students and adults protest the proposed closing of the public schools for lack of funds. As they march west on First Street in front of the then-new post office, today's Sidney & Berne Davis Art Center, an approaching large group is visible in the distance.

photo courtesy IMAG History & Science Center

school to achieve desegregation.

In May 2006, historic preservationists protested to save the 1954 Exhibition Hall from demolition. We all know how that turned out.

"Occupy Fort Myers" set up camp in Centennial Park in October 2011, becoming one of hundreds of such groups protesting as part of the "Occupy Wall Street" movement that had started the previous month in New York City.

Some protests strike a solemn note. Such was the prayer vigil for Trayvon Martin in July 2013. The unarmed black 17-year-old had been shot by a neighborhood watch volunteer in Sanford, Florida, in February 2012.

Activists holding candles gathered in Centennial Park, walked to the Federal Courthouse for brief speeches, and then returned to the park.

The peaceful event was one of hundreds in the nation and was also a protest of the state's "stand your ground" law.

Thank goodness, protests can be humorous, too, despite the gravity of an issue.

For the Fourth of July Parade in 1922, the Business and Professional Women's Club definitely meant business when they dressed in patriotic costumes and displayed signs such as "to encourage equal work for equal pay" on their flower-bedecked automobile.

More recently, at both the People's Climate Change March and the March for Science, both held in April 2017 in

continued on page 4



In the 1922 Fourth of July parade, members of the Business and Professional Women's Club advocate "equal work for equal pay"

photo courtesy SWFL Historical Society



This unidentified protester at the People's Climate Change March in Centennial Park in April 2017 added a dash of fun to the serious proceedings photo by Gerri Reaves

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**WEEKLY NEWS**  
FROM THE BEACHES TO DOWNTOWN FORT MYERS

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IMAG science workshop for children

photo provided

## New Tinker Labs At Science Center

The IMAG History and Science Center is offering new Tinker Labs for families, children and adults offering various STEM, history and art subjects, projects and activities with new ones scheduled every month.

IMAG Tinker Labs are designed for tinkerers of all ages from preschoolers and elementary students to tweenies,

teenagers and adults. Choose from various Tinker Labs that include Bubbl-ologists, Nitrogen Ice Cream, Fantastic Flyers, Grossology and Fizzy, Foamy Eruptions while other workshops include robotics and rocketry, slingshots and science kits, 3-D printing and vinyl designs. Included with every Tinker Lab is time for guests to explore the IMAG History and Science Center and experience its many attractions.

IMAG History and Science Center is located at 2000 Cranford Avenue in Fort Myers. For more information and workshop registration, visit [www.theimag.org](http://www.theimag.org).✧

## Virtual Fandom Fest At County Library System

The Lee County Library System will host its 2nd annual Fandom Fest as a free virtual celebration of fandoms and geek culture throughout the month of October.

Participants of all ages will have the opportunity to participate in cosplay, crafts, escape rooms, storytimes, reading challenges and trivia, along with numerous chances to win prizes. Other highlights include an online costume contest for all ages and pets and a virtual fandom art exhibition featuring local artists' work in anime, manga and comic book styles.

This event marks the fifth year Lee County Library System has celebrated comics and fandoms.

"We felt that it was really important to keep the tradition going this year," said Melissa Baker, manager of programming and community outreach. "Once we started reimagining the event going virtual, we realized we had so much to offer fans that we expanded the one-day event to a month-long celebration."

The festival includes four themed weeks that offer a mixture of activities for all ages. Fandom themes include: Sword & Sorcery (October 4 to 10); Asian & Pop Culture (October 11 to 17); Space (October 18 to 24); and Superheroes & Villains (October 25 to 31).

Fans of Harry Potter, Disney, Star

Wars, Marvel and more can enjoy cosplay DIY workshops, virtual princess parties, special Stay at Home Storytimes, Kahoot trivia, virtual escape rooms and video craft demos for kids, teens and adults.

Participants can earn chances to win prizes by completing reading challenges and fandom-themed activities all month long. Prizes include a multi-purpose activity table, play tents, puzzles, books and various fandom-themed LEGO sets.

Starting October 1, Fandom Fest Grab and Go Craft Kits are available upon request for pick up at all branches of the Lee County Library System through curbside and in-branch service. Each kit includes a free comic book and supplies for all of the weekly craft programs. Limit one kit per person while supplies last.

An online costume contest is a free, local competition that highlights the creativity and skills of the local cosplay community. Entries will be accepted October 1 to 24 with public online voting taking place October 25 to 31. Participants who receive the highest total scores during the voting period will win the prize for their category.

As part of this year's Fandom Fest celebration, participants are invited to submit artwork throughout October for an all-ages virtual art exhibition featuring anime, manga and comic book style art. All artists participating in the online art exhibition will be automatically entered into a random prize drawing for an art supplies gift set.

For more information, including the schedule of events and contest rules, visit [www.leelibrary.net/fandomfest](http://www.leelibrary.net/fandomfest).✧

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Fort Myers Art:

# Documentary On Fight For The Right To Vote



by Tom Hall  
On March 7, 1965, Dr. Martin Luther King, Jr. marched out from Selma, Alabama with John Lewis and a group of 600 people to protest the killing of Jimmie Lee Jackson, a

young African American protestor who was fatally shot by an Alabama state trooper at a peaceful demonstration for black voter registration. As they attempted to cross the Edmund Pettis Bridge, state troopers, some on horseback, rushed the protesters and beat them back using whips, nightsticks and tear gas. Struck repeatedly in the head, Lewis nearly died, but the march led to passage that August of the Voting Rights Act of 1965, which banned literacy tests as a requirement for voting and required the U.S. Attorney General to challenge the use of poll taxes in state and local elections. As Emmy-winning filmmaker Loki Mulholland details in his timely new documentary *After Selma*, the fight for voting rights continues in the face of insidious new tools that have been developed to suppress the vote and disenfranchise black voters across the nation.

Mulholland's film interweaves a torrent of compelling factual data and legal analysis, provided in large part by author Carol Anderson, with observations, recollections and personal experiences candidly recounted by civil rights activist Joann Blackmon Bland, who was on the Edmund Pettis Bridge in 1965 even though she was just 13 years old.

As a child, Bland joined the Student Nonviolent Coordinating Committee, a student-led organization that used nonviolent tactics to push for voting rights and desegregation. By the time she was 11, Bland had been arrested 13 times. In addition to witnessing the violence on the Edmund Pettis Bridge, she was one of seven students to integrate Selma's all-white AG Parrish

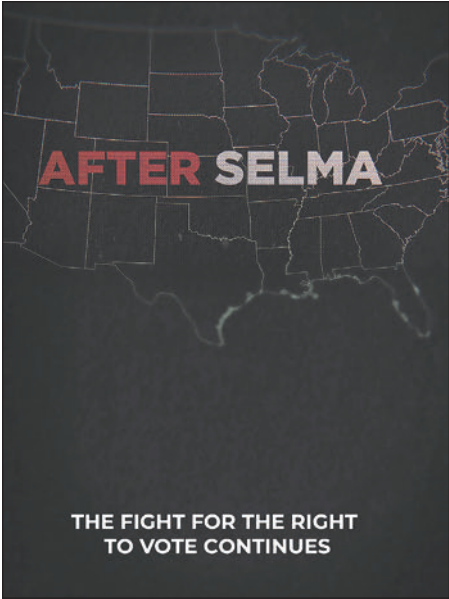


image courtesy www.artswfl.com

High School that same year. Sadly, she somberly reflects in *After Selma*, many of the hard-fought gains secured by the Voting Rights Act have been eroded if not erased by voter suppression tactics that have been unleashed by Republican lawmakers in the last decade.

One of the film's many strengths is the context that it provides. *After Selma* lets us know that the voter suppression laws in effect in 33 states across the union have already influenced the outcome of numerous elections, most notably the 2016 presidential election, which saw a seven percent decline in black voter turnout nationwide.

"It wasn't because Hillary Clinton lacked the vision and charisma of Barack Obama," observes Anderson in the film, "2016 marked the first presidential election in 50 years without the protection of the Voting Rights Act of 1965."

That law may still be on the books, but its all-important enforcement provisions were struck down by the Supreme Court in June of 2013. Writing for the conservative majority, Chief Justice John Roberts said in *Shelby v. Holder* that the protections afforded by the Voting Rights Act were now unnecessary because racism no longer exists in the United States. It took the Texas legislature less than two hours from the announcement of the decision to adopt one of the country's most restrictive voter ID laws.

*After Selma* doesn't stop at shining a bright light on the mess that is voter suppression. The film is an unambiguous call to action informed by knowledge and empowerment. It's an imperative that goes to the very heart of the nation's founding principles.

"Ordinary people with extraordinary vision can redeem the soul of America by getting in what I call good trouble, necessary trouble," Lewis wrote in a letter to the American people that was published after his death. "Voting and participating in the democratic process are key. The vote is the most powerful nonviolent change agent you have in a democratic society. You must use it because it is not guaranteed. You can lose it."

The fight for the right to vote continues.

*After Selma* will be screened when the Fort Myers Film Festival returns to the downtown Fort Myers River District October 21 through 25.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**

## Theater Seeks Volunteers

Volunteers are being sought for the Players Circle Theatre and Arts Center to become part of the theatre family. The theatre's second season is scheduled to begin in October, barring complications from COVID-19.

If the Players Circle 180-seat theatre is not possible at 100 percent capacity, plans are to recreate the space as a 90-seat nightclub with social distancing. The theatre is located in the former Dolphin Room in The Shell Factory in North Fort Myers.

Volunteers would serve the whole gamut in putting art on the stages. You can choose how you want to participate from a long list of ways to interact with the theatre. The theatre is looking for dedicated people to assist patrons as ushers and customer service; these volunteers get to see the shows free.

Other volunteers are needed to assist with behind-the-scenes activities, helping

with VIP events, assisting with mailings, office duties and fundraising activities. Of special interest is having individuals, working in pairs, to staff the theatre's informational tent at the Shell Factory flea markets; not only will they provide theatre information but also give tours of the theatre.

Days and hours can be flexible. Email [clacioppo@playerscircle.org](mailto:clacioppo@playerscircle.org) to indicate you're interested in becoming a volunteer and what kind of volunteer work you're interested in.\*

From page 2

## Historic Downtown

Centennial Park, many of the protesters dressed in entertaining costumes and displayed signs such as "Pool Parties Are Fun! Flooding Is Not."

There was plenty of humor, even as they demanded science-based federal policies and a reasoned response to climate change.

Want to know if that poinciana tree was saved or if the 1939 school children got to finish the school year? Did Commissioner Geraci suffer blow-back from fellow commissioners who voted for an extra holiday?

Find out at the following research centers. Hours might be affected by the coronavirus pandemic, so call first.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at [www.theimag.org](http://www.theimag.org).

Sources: The Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *The News-Press*, and *The Story of Fort Myers* by Karl H. Grismer.\*

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## Art Teacher Earns Award For Leadership

**N**orth Fort Myers Academy for the Arts teacher Theresa West-Taylo recently won a Florida Alliance for Arts Education (FAAE) Leadership award, according to the School District of Lee County. West-Taylo is being recognized as the FAAE's Arts Education Professional for 2020.



Theresa West-Taylo

"I am very grateful and proud to be recognized by the Florida Alliance for Arts Education," said West-Taylo. "It came as a complete surprise at a difficult time for arts educators, so it was very uplifting. It has been gratifying to be recognized by a group of professionals I admire so much."

West-Taylo teaches Art 1, 2 and 3 and Set Design to sixth, seventh and eighth graders at NFMMA. She also serves as the arts department director for the school, leading her team through reviews of the program, facilities and curriculum to improve student learning through the arts and instill pride in their skills.

The Florida Alliance for Arts Education recognizes leaders who work in various capacities to ensure that arts education

is available in all Florida schools and communities and that arts education is of the highest quality. Leadership in the areas of education, administration and community are recognized.✧

## Vision Rehab Center Launches New Website

**L**ighthouse of Southwest Florida, a vision rehabilitation center serving Lee, Hendry and Glades counties, has a fully redesigned website at [www.lighthouseswfl.org](http://www.lighthouseswfl.org).

The new website is user friendly with many helpful tools, including information about the various services Lighthouse offers for people who are experiencing vision loss and blindness.

Lighthouse of Southwest Florida is a local United Way partner agency serving individuals with blindness and vision impairment in Lee, Glades and Hendry counties. Its mission is to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in society. A nationally accredited agency, Lighthouse is funded by the Division of Blind Services, United Way of Lee, Hendry, Glades and Okeechobee, Lee County Board of County Commissioners Partnering for Results, and civic, corporate and individual donors.

For more information, visit [www.lighthouseswfl.org](http://www.lighthouseswfl.org) or call 997-7797.✧



United Way School Resource Center

photo provided

## United Way School Resource Center Opens

**I**n partnership with the School District of Lee County, the United Way and The Price Foundation have opened the School Resource Center in the Lee County Public Education Center to provide students with all new brand name shoes, clothing, toiletries, backpacks and school supplies.

School staff, district staff and school resource officers will now be able to

identify children in need and refer them to a school counselor or social worker. An online request will then be submitted to the United Way community impact staff. The needed items are then assembled by United Way staff and delivered by the district directly to the student's school within 24 to 72 hours of the request.

This gift, along with the buying power of United Way, will be able to bring millions of dollars in essential resources to students most in need.

Video of the school resource center is available at [www.facebook.com/schooldistrictofleecounty/videos/656597921631857](http://www.facebook.com/schooldistrictofleecounty/videos/656597921631857).✧

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Volunteers assemble to-go bags for Taste of Love ticket holders

photo provided

## Taste of Love Raises \$190,000

**T**aste of Love, Special Equestrians' 17th annual culinary extravaganza, raised \$190,000 for the therapeutic horseback riding and carriage driving program. Due to COVID-19 concerns, the event was held virtually online. Ticket holders picked up food and wine at The Ranch Concert Hall & Saloon and watched the broadcast from home. Harmon's Audio Visual provided the video production for Taste of Love.

All proceeds from Taste of Love benefit Special Equestrians, a nonprofit organization dedicated to helping children and adults with disabilities by providing a

structured therapeutic horseback riding and carriage driving program and other equine assisted activities. Serving Lee, Charlotte, Hendry and Glades counties, Special Equestrians is a United Way partner agency that has been serving the area for more than 30 years.

The event was hosted by celebrity auctioneer Jay Severson, emceed by award-winning radio and television personality Gina Birch and featured live and silent auction items.

"We are so appreciative of our patrons, sponsors, auction donors, volunteers, committee members and the staff at The ranch Concert Hall and Saloon," said Adele Smith, event co-chair. "Our culinary participants provided wonderful food, and we served 300 To Go bags to our guests. Everyone was able to watch the livestream

of the event while enjoying their delicious food and wine from the comfort and safety of their homes."

Culinary participants were Chef Carlo Rao fo Mastello and A Touch of Italy; Chef Andy Brown of Blue Pointe Oyster Bar & Seafood Grill; Chef Daniel Glick of Fancy's Southern Café; Chef Martin Galvan of Cantina Laredo; Chef Pepe of Señor Pepe's Paella Catering; Chef Jordan Webster of Jordan Webster Catering; Chef Ariel Garcia and Chef Sam Savich of European American Bakery Café; Chef Chris Keys of The Melting Pot; Kayla Mateo of Custom CAKES by Kayla; Greg Kurt of Greg's Buckeyes; and Florence Del Fondo of Le Macaron French Pastries. Wine was presented by Breakthru Beverage Group, while beer was provided by Suncoast Beverage Company.

Taste of Love 2021 is scheduled for March 14. For more information about Special Equestrians and a complete list of sponsors, visit [www.specialequestrians.net](http://www.specialequestrians.net).✪

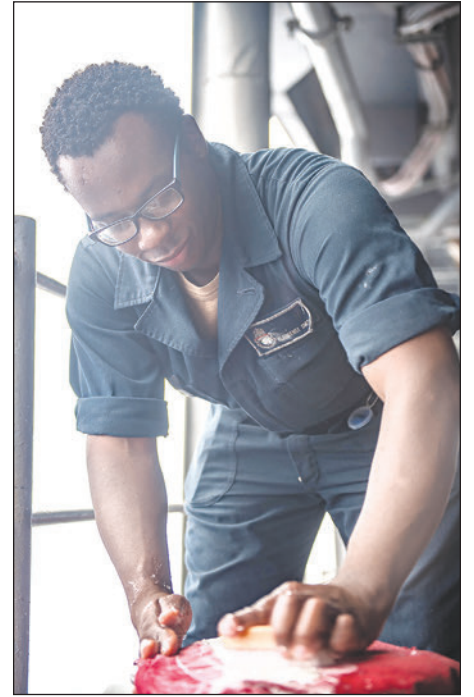
## Dean's List

**B**rant Harlacher of Fort Myers was recently named to the spring 2020 Dean's List at Georgia Southern University in Statesboro, Georgia.✪

## President's List

**L**ura Hoard of Fort Myers was recently named to the spring 2020 President's List at Georgia Southern University in Statesboro, Georgia.✪

## Local Navy Man Aboard Crusier



Clarkensy Smith photo by James Hong

**B**oatswain's Mate Seaman Clarkensy Smith of Fort Myers cleans life vests aboard the Ticonderoga-class guided-missile cruiser USS Antietam (CG 54). Antietam is forward deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region.✪

## Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION**  
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., [www.allfaiths-uc.org](http://www.allfaiths-uc.org), 2756 McGregor Boulevard, 226-0900.

**ALL SAINTS BYZANTINE RITE CATHOLIC**  
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

**ANNUNCIATION GREEK ORTHODOX**  
Sunday 9 and 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, 481-2099.

**BETH YESHUA MESSIANIC SYNAGOGUE**  
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

**BIBLESHARE**  
10 a.m. Sunday and 7 p.m. Tuesday, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 7050 Winkler Road, Suite 121, 437-8835.

**CHABAD LUBAVITCH ORTHODOX**  
Friday 6:30 p.m., [www.chabadswf.org](http://www.chabadswf.org), 5620 Winkler Road, 433-7708.

**CHAPEL OF CYPRESS COVE**  
Sunday 10 a.m., [www.revtedalhouse@aol.com](mailto:www.revtedalhouse@aol.com), 10200 Cypress Cove Circle, 850-3943.

**CHAVURAT SHALOM**  
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact [ChavuratShalom@gmail.com](mailto:ChavuratShalom@gmail.com) to participate on Zoom.

**CHURCH OF THE CROSS**  
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**COVENANT PRESBYTERIAN**  
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

**CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY**

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. [www.crownofflutheran.com](http://www.crownofflutheran.com). 5820 Daniels Pkwy, 482-2315.

**REDEEMER CHURCH**  
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

**CYPRESS LAKE PRESBYTERIAN**  
Sunday 8, 9, 10 and 11 a.m. [www.clpc.us](http://www.clpc.us), 8260 Cypress Lake Drive, 481-3233.

**CYPRESS LAKE UNITED METHODIST**  
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

**FAITH UNITED METHODIST**  
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., [www.christiansciencefortmyers.net](http://www.christiansciencefortmyers.net), [www.christianscience.com](http://www.christianscience.com). 2390 West First Street, 334-6801.

**FIRST CHURCH OF THE NAZARENE**  
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

**FORT MYERS CHRISTIAN CHURCH**  
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**  
Sunday 10 a.m., 8210 College Parkway, 482-3133.

**FIRST PRESBYTERIAN CHURCH OF FORT MYERS**  
11 a.m. Sunday, [www.fpcfortmyers.org](http://www.fpcfortmyers.org), 2438 Second Street, 239-334-2261

**IONA-HOPE EPISCOPAL CONGREGATION**  
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

**JESUS THE WORKER CATHOLIC**  
Friday and Saturday, 7 p.m.; Sunday 8, 10

a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

**LAMB OF GOD**  
Sunday 7:45 and 10 a.m., [www.lambofgodchurch.net](http://www.lambofgodchurch.net), 19691 Cypress View Drive, 267-3525.

**NEW HOPE PRESBYTERIAN**  
Sunday 8, 9:30 and 11 a.m., [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 10051 Plantation Road, 274-1230.

**PEACE COMMUNITY**  
Sunday 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com), 17671 Pine Ridge Road, 267-7400.

**PEACE LUTHERAN**  
Sunday 8 and 10 a.m., [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com). 15840 McGregor Boulevard, 437-2599.

**REDEEMER LUTHERAN**  
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

**RIVER OF LIFE ASSEMBLY OF GOD**  
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org), 567-9739.

**SAINT COLUMBKILLE CATHOLIC**  
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

**ST. FRANCIS XAVIER CATHOLIC**  
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

**SAINT JOHN THE APOSTLE METROPOLITAN**  
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

**SAINT MICHAEL LUTHERAN**  
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

**SAINT NICHOLAS MONASTERY**  
Sunday 9:30 a.m., [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org), 111 Evergreen Road, 997-2847.

**ST. VINCENT DE PAUL CATHOLIC**  
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

**SOUTHWEST BAPTIST**  
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

**TEMPLE BETH EL SYNAGOGUE**  
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., [www.templebethel.com](http://www.templebethel.com), 16225 Winkler Road, 433-0018.

**TEMPLE JUDEA (CONSERVATIVE)**  
Friday 6:30 p.m. and Saturday 9 a.m., [www.tjswfl.org](http://www.tjswfl.org), 14486 A&W Bulb Road, 433-0201.

**THE FAITH CENTER**  
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

**THOMAS A. EDISON CONGREGATIONAL**  
Sunday 10:30 a.m., [www.taecc.com](http://www.taecc.com), 1619 Llewellyn Drive, 334-4978.

**UNITARIAN UNIVERSALIST**  
Sunday 10:30 a.m., [www.uucfm.org](http://www.uucfm.org), 13411 Shire Lane, 561-2700.

**UNITY OF FORT MYERS**  
Sunday 10 a.m., [www.unityoffortmyers.org](http://www.unityoffortmyers.org), 11120 Ranchette Road, 278-1511.

**WESTMINSTER PRESBYTERIAN CHURCH**  
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

**WORD OF LIFE**  
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

**ZION LUTHERAN**  
Sunday 8, 9:30 and 10:45 a.m., [www.zionfm.org](http://www.zionfm.org), 7401 Winkler Road, 481-4040.

Email changes to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.✪





**Long Key locustberry's fine twiggy foliage provides cover for birds**

photos by Gerri Reaves

#### Plant Smart

## Long Key Locustberry

by Gerri Reaves

**L**ong Key locustberry (*Byrsonima lucida*) is a native evergreen shrub or small tree with an irregular, sometimes flat-topped, crown. It is multibranched and twiggy with prominent joints.

It is the only member of the Barbados cherry family native to the state.

Also called Key byrsonima, it is listed as threatened in Florida, a victim of habitat loss.

Threatened status means that its numbers “are in rapid decline... but which have not so decreased in such number as to cause them to be endangered,” in the words of the Preservation of Native Flora of Florida Act.

This wildlife-friendly species is the larval host for the Florida duskywing butterfly and a nectar source for other butterflies.

It provides good cover for birds and is often a host for epiphytes, or air plants.

Its natural habitat is limited to the pine rocklands and rockland hammocks of Miami-Dade County and the Keys portion of Monroe County.

It usually reaches a height of five to 15 feet, but can grow as tall as 35 feet in South Florida, sometimes broader than tall.

It has a slow to moderate growth rate. However, its size varies greatly depending on conditions. In nutrient-poor soil, for example, it might be only a foot high and resemble a bonsai plant.

Showy stalked clusters of five to 12 flowers bloom throughout the year but peak in spring and summer. Both male and female flowers appear on the same plant.

Five-petaled flowers range from white to pink and deepen to yellow or red with age. The changing colors ensures the attraction of more pollinating butterflies.

The opposite leathery leaves are also showy, displaying hues of red when young.

One to two inches long, they are obovate or spatulate in shape, glossy above and duller on the undersides.

Often, they cluster at the tips of the shoots and can have either pointed or



#### New foliage has ornamental value

rounded tips.

Birds consume the round fleshy fruit of about a half-inch across.

Orangish or brownish when ripe, it persists on the plant, an advantage for birds.

The fruit is said to be edible for people, too, and tastes like cranberries or soap, depending on the taster. It can be used to make juice, wine, or ice cream.

The smooth pale brown bark has a variety of medicinal uses, from a cough remedy to a diuretic and emetic.

Give this long-lived plant a spot with full sun to partial shade in sandy well-drained soil. It is somewhat salt tolerant and very drought tolerant, but will not tolerate cold.

Use it as a buffer or accent plant. Propagate it with the seeds.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Wild Plants for Survival in South Florida* by Julia F. Morton, [www.eattheweeds.com](http://www.eattheweeds.com), [www.edis.ifas.ufl.edu](http://www.edis.ifas.ufl.edu), [www.efloras.org](http://www.efloras.org), [www.fnps.org](http://www.fnps.org), and [www.regionalconservation.org](http://www.regionalconservation.org).

*Plant Smart explores the diverse flora of South Florida.\**

## Garden Talks Resume At Estates

**E**dison and Ford Winter Estates will resume its popular Garden Talks at 10 a.m. on Saturday, September 26. Debbie Hughes, horticulture director, will talk about the many benefits of growing houseplants and how to select and care for them.

“Houseplants are becoming more popular, especially with millennials, and are a great choice for anyone without a yard, or who lives in an apartment or condominium,” said Debbie Hughes. “They can be used as art pieces, to add

color to a room, improve air quality, and some studies have shown that plants in indoor spaces can even enhance people’s mood.

Houseplants will be available for purchase, and Garden Talk participants will receive a coupon for 20 percent off plant purchases in the Garden Shoppe. Tickets will be sold the day of the talk and limited to 25 participants. Masks are required, and guests should wear comfortable shoes, sunscreen and a hat, and bring drinking water. Tickets for the talk are \$10 for Edison Ford members, or \$15 for non-members. This does not include tours.

Hughes has been giving talks for many years at the estates and covers a variety of garden topics from orchids to edibles. The talks will take place each month, except for when there is a plant sale or festival. With plant sales in October and November, the next garden talk will take place in December.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit [www.edisonford.org](http://www.edisonford.org).\*

## Fee Increase For Refuge Drive

**J**N “Ding” Darling National Wildlife Refuge on Sanibel will increase daily vehicular admission fees beginning October 1. The charge per vehicle will bump up from \$5 to \$10. Entry fees for pedestrians and cyclists over age 15 will remain at \$1 each.

The “Ding” Darling Visitor &

Education Center is still closed until otherwise announced, but its “America’s Best Restroom” is open to the public daily from 9 a.m. to 4 p.m. The water bottle filling station outside the restrooms will also be accessible. For everyone’s safety, these facilities will be thoroughly cleaned and sanitized daily.

The Nature Store inside the visitor center is offering free curbside delivery service for orders placed on [www.shopdingdarling.com](http://www.shopdingdarling.com) during the physical store’s closure. Call 472-1100 ext. 241 or visit the website to learn more.

This is the first fee change implemented at the refuge since the 1990s. Annual passes will increase from \$12 to \$25. Admission to the “Ding” Darling Visitor & Education Center (when it reopens) and Bailey Tract trails is still free. The cost of the Senior Pass, Access Pass, and other federal passes all remain the same and are available for purchase, as are “Ding” Darling annual passes, at Tarpon Bay Explorers, the refuge’s recreational concession at 900 Tarpon Bay Road on Sanibel.

Fees collected at the booth on four-mile Wildlife Drive, one of the most famous birding routes in the nation, go directly to the refuge to enhance visitor-related services. These services may include, but are not limited to, increased accessibility to refuge trails, facility maintenance and other visitor accommodations.

For more information, call Supervisory Refuge Ranger Toni Westland at 472-1100 ext. 237.\*

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## [www.signupdirect.com](http://www.signupdirect.com)

Must complete the entire online form for consideration



# September Grand Slams



by Capt. Matt Mitchell

As expected, September fishing has been nothing short of spectacular. No matter what the species, it's all here. There is very little angler pressure.

Weather conditions, as always, are the major factor on what will be the day's main target. Once in a while though, you get that magical day that everything comes together for that "grand slam."

During the light wind days, tarpon have been my main target, and first light until mid-morning is prime time. Both the sound and the beaches have held these fish. Sight-fishing has been the main method of catching them. The tarpon in the sound have just seemed to feed better though the greater numbers have been out on the beaches. These beach tarpon have been so dialed in on glass minnows and small hatch bait at times that they simply won't eat anything else. The fish in the sound seem to jump on any well presented offering.

On a day off this week, I was lucky enough to catch a tarpon myself which was the first one I have done battle with in quiet some time. After stalking these slow-rolling, laid-up fish in the sound, I finally got a shot at them. After landing a live pinfish within 10 feet of this

laid-up tarpon, it did not take but a few seconds to be hooked up. This estimated 120-pound fish made two huge jumps, as it quickly peeled off almost 200 yards of line. I chased this fish on the trolling motor, and it made one more jump before deciding to stay down and slug it out. After 30 minutes, the tarpon came to the boat, and we removed the hook and got a few great photos.

Over the weekend while fishing with longtime client Jim Robertson during an approaching front, my fingers were crossed that the bite was going to go off. We started out catching trout and snapper on the flat as we let the tide get lower. After trying a few mangrove spots with little success, I headed to a favorite deep mangrove channel. The strong northeast wind was now blowing and pushing the tide out quickly. For that last hour during the fast-falling tide, the bite went off with almost every cast getting a hit. Small tarpon, big snook, redfish and jacks kept the rods bent. Although Jim lost his tarpon, Lucia caught hers to give us a grand slam for the boat. This unpredicted minus low tide was wind-generated and had lots of fish bunched up in this tiny narrow deep channel.

The ups and downs of our week's weather have made fishing both easy and challenging from day to day. Letting the day's conditions dictate what species your going to target has been key to staying on fish.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✴



Capt. Matt Mitchell with a tarpon caught on a day off this week photo provided

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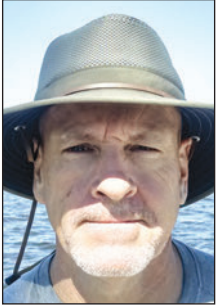
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Dave Doane



## CROW Case Of The Week:

## Magnificent Frigatebird



by Bob Petcher

The magnificent frigatebird (*Fregata magnificens*) is a large seabird known for soaring effortlessly over oceans with outstretched wings. Its forked tail helps it steer over long

flights out to sea where these birds live when not breeding. It is so-named due to its majestic flight, noted as magnificent by onlookers.

At CROW, a juvenile magnificent frigatebird was admitted after being transferred from Pelican Harbor Seabird Station. The bird was originally admitted after not being able to fly, but was transferred to CROW because it was suspected to have aspergillosis – a fungal infection in the lungs – and needed to receive an endoscope procedure.

“A common cause of respiratory disease in birds is fungal in nature, resulting in large plaques or granulomas in the lungs and air sacs. Based on the abnormal appearance of lungs on x-rays, this was a potential concern,” said Dr. Robin Bast, CROW’s staff veterinarian. “Coelioscopy – endoscopic evaluation of a bird’s body cavity – showed abnormally pale, mottled appearance to the lungs,



Patient #20-4301 rests after receiving an endoscope procedure

photo by Amy Kowalski

however, the air sacs were not thickened and no plaques were found.

Upon intake, it was also noted that some of the patient’s tail feathers were broken off or tattered. A tail guard was utilized.

“The tail feathers were likely damaged by the bird spending too much time on the ground due to its debilitation. Typically these birds spend the majority of their time in the air or on the water,” said Dr. Bast. “A tail guard is a protective covering used to prevent feathers from being bent or broken while the patient is on the ground or in an enclosure. We get creative making these – you can use old x-ray film and tape, or we prefer to use

a type of light brown packing tape which sticks to itself with the application of water and is easily removed. This material is lightweight enough that it does not affect the bird’s ability to balance.”

Based on the results of the scoping and bloodwork, it was determined that the patient did not have aspergillosis, but may be battling with pneumonia instead. The bird was started on a course of antibiotics for treatment.

“Since there was no evidence of fungal disease seen, we determined the changes in the lungs were caused by bacterial pneumonia. This is treated with a course of antibiotics,” said Dr. Bast. “Since pelagic species – birds that normally live

far out at sea and only come to land for breeding purposes – are more susceptible to aspergillosis, especially when they are already immunocompromised from another illness, we also put this patient on a preventive dose of anti-fungal medications.”

The frigatebird was anesthetized last Thursday to evaluate its lungs and “imp” some of the patient’s tail feathers.

“We had to remove some of the damaged feathers to allow new ones to grow back in naturally. One feather was removed completely due to severe damage, and three feathers were impeded. This means that a temporary feather of similar size/shape was transplanted into the feather follicle. This will allow the bird to continue to fly and build strength while waiting for the rest of its feathers to grow in naturally through the molt process,” said Dr. Bast. “Since we did not have any frigatebird feathers in our feather bank, we used a combination of eagle and red-tailed hawk feathers in this case.”

The patient will now spend time at CROW with other large tropical seabirds.

“This patient will be in care until it grows its feathers back in, which could take weeks to months,” said Dr. Bast. “It is currently in an outdoor flight enclosure with our masked booby patients.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪



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A Better Together reunion

photo provided

## Campaign To Keep Kids Out Of Foster Care

Better Together has been selected as a participant in the A Community Thrives campaign, a grantmaking and crowdfunding program funded by the Gannett Foundation, which invests in community-building initiatives across the country related to education, arts and culture, wellness and other positive local nonprofit initiatives.

Better Together is a voluntary, community-driven alternative to foster care that has served over 2,500 children in Southwest Florida and kept 98 percent of families together. The nonprofit was founded on the belief that loving parents should not lose children because they are having money problems, or had the courage to seek treatment, or got hospitalized without childcare. These challenges can be overcome with the right support system in place. Here's how it works: When parents fall into crisis, fully screened and trained volunteers host children in their homes while mentoring parents toward stability. This includes help with finding a job, securing housing, childcare, treatment and more.

To qualify for a Gannett Foundation grant of up to \$100,000, Better Together needs to meet a fundraising

goal of at least \$6,000 on its own. The community can help Better Together qualify for the grant by donating now through October 16 at [www.acommentarythrive.mightycause.com/organization/bettertogether](http://www.acommentarythrive.mightycause.com/organization/bettertogether).

"Due to COVID-19, the need for our programs is greater than ever. We have seen a jaw-dropping 155 percent increase in the number of requests for help since March due to the widespread isolation, unemployment and stress that are putting families at additional risk," said Better Together CEO Megan Rose. "Through the #BeBetterChallenge, you can help us raise awareness and funds to recruit 100 new host families, 50 family mentors and 20 case coaches to meet the increased demand due to COVID-19. With these resources, we can serve 600 additional children in Southwest Florida with a proven 98 percent reunification rate."

With the help of hundreds of volunteers and church communities, Better Together builds lasting support systems that help families cope with hardships – job loss, substance abuse, homelessness and even jail time – and ensures that children are cared for in a safe home until the family can be reunited. Additionally, Better Together's Better Jobs program has helped nearly 28,000 job seekers find employment through church-based job fairs across 20 states.✽

## Truck Registration Renewal Change

Renewing your truck in Florida is about to get easier. On September 1, Florida House Bill 87 took effect, changing the renewal date for all trucks weighing between 5,000 and 7,999 pounds from December of each year to the birth month of the vehicle's registered owner.

Prior to the bill's passage, all heavy truck owners had to wait to renew their vehicles at the end of the year. By moving heavy truck renewals to the birth month of the owner, renewing heavy truck registration will be faster and easier.

"It just makes sense to move heavy truck renewal in line with other passenger vehicles," said Larry Hart, Lee County Tax Collector and heavy truck owner. "Moving truck registration to the owner's birth month offers more flexibility and, in light of COVID-19, allows us to maintain CDC guidelines in our service centers while still providing the highest standard of customer service."

Customers should visit [www.leetc.com/heavy/truck](http://www.leetc.com/heavy/truck) for information on how this update will affect them and for examples of how their renewal this December will change. It should be noted that House Bill 87 does not apply to heavy trucks used for business; the renewal date for commercial trucks will remain December of each year.✽

## Webinar On Modern Learning Programs

Learning organizations today are faced with an exciting challenge to embrace and navigate a new landscape: one that calls for a transformation of the training industry to be more relevant in the digital age. The book, *Designing for Modern Learning: Beyond ADDIE and SAM*, is helping learning organizations meet these challenges in the digital age.

Lisa Owens, MD, and Crystal Kadakia, authors of the book, will be speaking on how to modernize your learning programs with the Learning Cluster Design model using images and stories at the Association for Talent Development (ATD) Southwest Florida Chapter webinar on Wednesday, September 30 from noon to 1 p.m.

The authors insights will touch on two domains of the ATD Capability Model: Personal and Professional Capabilities. Attendees will have a chance to win a free copy of the book.

In this intensive one-hour webinar, participants will:

- Speak the new language of modern



Lisa Owens



Crystal Kadakia

learning and development;

- Gain insights on a new philosophy to meet business needs;
- Visualize a strategy to help learners learn when, where and how they need to learn;
- Pick your starting point in the Learning Cluster Design (LCD) model comprised of five actions for L&D; and
- Integrate the LCD model with tried-and-true ID models into the digital age instructional design.

Registration for this online program is \$15 for members and \$20 for non-members. Members are allowed one guest for free. Students are \$10. Register online at [www.atdswfl.org](http://www.atdswfl.org). Deadline to register is Tuesday, September 29. This session is eligible for one ATD educational credit.✽

## School District Offers Career Opportunities

The School District of Lee County will host Coffee & Conversation on Tuesday, September 29, an informational event that will provide insight on careers within the district.

Ideal for prospective career-changers and working professionals, the virtual session will offer opportunities to meet members of the district's team, learn about the variety of career paths available and walk through the process of becoming certified to teach in Florida. Select candidates may also be offered an interview for potential employment.

Florida is one of 48 states that offer alternative routes to becoming a certified teacher. Individuals who already earned a bachelor's degree in any field can become eligible for Florida teacher certification by passing a subject area exam in their area of expertise, completing additional coursework or enrolling in a teacher preparation program.

The district has openings for virtual and in-classroom teachers at the elementary, middle and high school levels with a focus on high-demand positions like science, math, elementary and special education. Prospective teachers with backgrounds in communications, counseling and psychology also are needed to fill vacancies.

Coffee & Conversation will take place by appointment between 9 a.m. and 3 p.m. on Tuesday, September 29. Register by 6 p.m. Monday, September 28 at [www.leeschools.net/](http://www.leeschools.net/)

[cms/one.aspx?pageId=2806323](https://www.leeschools.net/one.aspx?pageId=2806323). Click on "Opportunity is Brewing!" under Upcoming Events.

The School District of Lee County's efforts to put "The Right Talent in the Right Place" means that new teachers will receive the support and necessary resources that will enable them to succeed upon entering the field of education. The district offers a competitive and comprehensive compensation plan for its employees, and the starting compensation package of over \$53,000 for teachers encompasses salary, medical coverage and life insurance, pension and investment plan contributions and social security and Medicare employer contributions. Additional benefits and earning opportunities are also available via advanced degree supplement, summer school, athletic coaching and more. Upon hire, a personal benefits selection process will be made available to eligible employees.✽

From page 1

## October Evenings

for Disease Control, the following safety measures are in place: staff members are wearing protective masks, surfaces are cleaned and sanitized daily, protective shields have been installed at the ticket counter, signs are posted throughout the site alerting visitors to practice social distancing and hand sanitizer stations are available. Guests are asked to wear masks in indoor spaces and when social distancing is not possible.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, or to purchase tickets online, visit [www.edisonford.org](http://www.edisonford.org).✽





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Shell Point is located on the Caloosahatchee River in Fort Myers,  
just 2 miles from the islands of Sanibel and Captiva.



## Book Review

## Every Kind Of Wicked



by Di Saggau

**L**isa Black is a local author and *New York Times* bestselling author of the Gardiner and Renner novels. In her latest novel *Every Kind of Wicked*, Maggie Gardiner and Jack

Renner are together again in a page-turning thriller. The first page begins with snow landing in a cemetery on a very stiff body above ground, his heart shredded by a single wound. A key card in his wallet leads to the local university's student housing and to a grieving girlfriend with an unsettling agenda. Several more murders occur, and all are similar in cause of death and it's not a coincidence. Eventually, we find out how they are all connected.

Eight months prior to the first murder, Gardiner learned what Renner would do in the name of justice and how far she would go to cover his tracks. Her struggle to appease her conscience is complicated by her ex-husband Rick, who is convinced that Renner is connected to a series of vigilante killings. Gardiner keeps what she knows to herself. She also

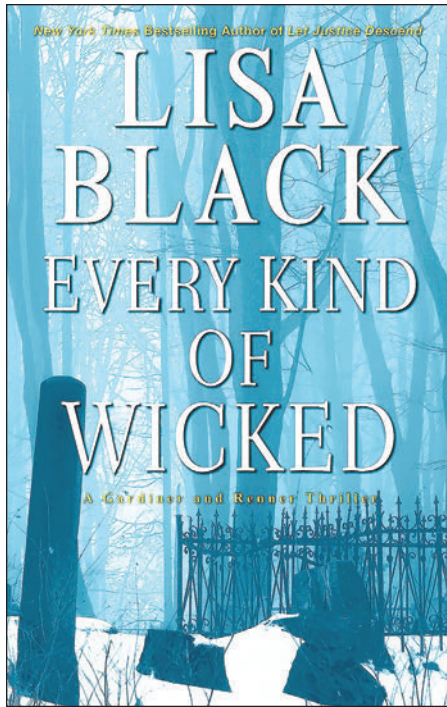


image provided

let's everyone think that the two are a couple, but they aren't. It just provides an excuse when needed.

Rick is also a homicide detective investigating what seems like a routine overdose on Cleveland's West Side. As he works to discredit Renner, he becomes a suspect when his bloody finger print shows up at one of the murder scenes. Rick and Renner's cases merge into the trail of a shadowy, pill-pushing physician who is everywhere

and nowhere at once, as he dispenses pills by the truckload. Gardiner and Renner uncover a massive financial shakedown hiding in plain sight.

An interesting character, Shanaya, is a female friend of the first victim. She works for a scam outfit, and it rings true to many scams that exist today aimed at the elderly. Black is a latent print examiner and certified crime analyst

for the Cape Coral Police Department, so you learn a lot about what goes on at a crime scene. Approximately 2,500 overseas scam artists gave her the desire and the background needed to write the book by calling each day to explain how they could lower her credit-card interest rates. Sound familiar? *Every Kind of Wicked* is a thrilling read.✱

## School Smart



by Shelley M. Gregg, NCSP

**D**ear Shelley, My son who's just entered kindergarten is struggling with coloring, drawing and writing. He doesn't hold his pencil correctly or

press down hard enough to write. How can I help him?

Tracey L, Fort Myers

## Tracey,

Learning how to write is a process and has stages just as learning to speak does. Young children progress through stages, from looking at letters on the page of a book during infancy to producing those letters beginning in the preschool years. Learning how to write properly is a developmental milestone, and it is important to remember that – as with all developmental milestones – achievements are expected to occur within a broad range of ages, not at a specific time.

Typically by age 4, a child will have progressed through several types of grasps while scribbling and drawing, from the fist or power grasp to a more developed grasp like the tripod grasp. Kids usually develop this grasp between ages 4 and 6, and boys typically develop this later than girls. A less mature grip and light pressure can be a sign of muscle weakness in the wrist and fingers, the very muscles needed for writing.

The best way to help a child who hasn't mastered this grasp and who needs further development of the muscles used for fine motor activities is through a fun and games approach. There are so many activities for children that help to develop these muscles, such as lacing toys, building blocks, wind-up toys, cutting paper with safety scissors, construction games such as Legos or Tinker toys and tweezers type activities. Playing with clothespins are another great way to build muscle strength. Play involving modeling or play clay is also an excellent way to promote finger and wrist strength.

By showing a child how to make different shades of color from the same crayon or pencil you can help them learn to exert more pressure or reduce pressure on the writing tool depending on what effect your child wants to make. You can demonstrate by shading lightly, shading with more pressure and then shading with a lot of pressure to

show how the color changes. Ask your child to identify which shade goes with which amount of pressure, and then have him try to create the different shades when coloring.

Triangular crayons are a great way to promote a mature grasp; they are generally thicker than regular crayons and their triangular shape creates a surface on which to place each finger. There are also triangular grips you can purchase to put on pencils and crayons to help your child learn how to grasp properly.

Remember to have fun with these activities! Learning to write should not be a stressful experience for your child. If your child isn't having fun with these games or if no progress is made despite having fun, you may want to discuss his development with your doctor to see if a referral to an occupational therapist is indicated.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

From page 1

## Rotary South

the Caloosahatchee Water Wall by internationally acclaimed artist Michael Singer.

"We are enormously grateful for the Rotary South gift and all of the Rotarians that brought this place-making project to fruition. The plaza has helped transform the gateway into the City of Fort Myers by creating a striking outdoor space where people can get creative and connect," said Alliance for the Arts Executive Director and CEO Lydia Black.

"The Rotary Club of Fort Myers South is honored to be part of the ongoing improvements to the Alliance for the Arts ArtsPark. The Rotary South Plaza will serve as a gateway for the community to safely access the Alliance and enjoy all of the outstanding programs they offer," said Suzi Ward, president of the Rotary Club of Fort Myers South. "Our club is thrilled to be part of these enhancements, which will serve our community for many years to come."

For more information on the Alliance for the Arts or the Alliance ArtsPark, visit [www.artinlee.org](http://www.artinlee.org).✱

## EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development

THOMAS P. HALL  
ROBIN C. TUTHILL, EDITORAvailable at  
[www.Amazon.com](http://www.Amazon.com)  
[www.OutSkirtsPress.com](http://www.OutSkirtsPress.com)

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams



## Tax Collector Impact Award

The Florida Tax Collector Association (FTCA) recently awarded Lee County Tax Collector Larry Hart with the Matt Langley Bell III award. This honor is given to a tax collector who has made a lasting and significant impact both on the FTCA and the citizens of Florida.

The award, named after the late Escambia County official, was established in 1999. Hart is just the seventh recipient of the award, as honorees are chosen based on their entire body of work within the FTCA and their time as tax collectors. During his time as a member of the FTCA, Hart has served as the organization's president and legislative chair.

Nassau County Tax Collector John Drew and Brevard County Tax Collector Lisa Cullen nominated Hart for the award. "Larry has tirelessly volunteered his time and energy to better our profession and the elected office of tax collector," said Drew.

Hart, who is retiring as Lee County Tax Collector this year, was surprised to be honored by the FTCA. "The Matt Bell award is something that isn't given every



Larry Hart photo provided

year, so it came as quite a shock when my name was called," said Hart. "Matt was a pillar of both his county and the Tax Collector Association, so I'm incredibly honored and grateful to join the small group of people who have received this award."✱✱

## FWC To Hold Virtual Meeting

The Florida Fish and Wildlife Conservation Commission (FWC) will meet virtually on Wednesday and Thursday, October 7 and 8 beginning at 9 a.m. each day. Public comments will be accepted during the meeting. The Florida Channel will be broadcasting live video coverage at [www.thefloridachannel.org](http://www.thefloridachannel.org).

The FWC is committed to providing opportunity for public input. To accommodate as much input as possible from those participating in the meeting, the chairman reserves the right to designate the amount of time given to a topic or speaker, including time donation to other speakers. Because this meeting is being held by video conference and a telephone conference line, the FWC is limiting public comment to a specific length of time for each agenda item. See

agenda for the time limits for each item. Public comment will be taken by telephone conference line on a first call/first serve basis.

The FWC is also offering the opportunity for stakeholders to provide their comments on agenda items in advance. Advance comments should be submitted no later than Friday, October 2. Those written comments can be submitted via a web form on the FWC meeting agenda website page. If you would like to provide your written comments by mail, send them to:

FWC Commissioners 620 South Meridian Street, Tallahassee, FL 32399.

For the full October 7 and 8 agenda, links to background reports, and ways to participate, visit [www.myfwc.com/about](http://www.myfwc.com/about) and click on "The Commission" and "Commission Meetings."

Updates will be provided at Twitter: [@MyFWC](https://twitter.com/MyFWC). Sign up for news releases at [www.myfwc.com](http://www.myfwc.com).✱✱

## Virtual Support Group For Widows And Widowers

Hope Healthcare is offering Young Widows and Widowers, a new eight-part support group series designed especially for people age 55 and younger coping with the loss of their spouse or partner.

Open to the community at no cost, Young Widows and Widowers provides an opportunity to discuss feelings and learn from the experiences of others. A professional Hope counselor will lead the bi-weekly group through specially designed discussion topics.

Zoom video conferencing sessions are scheduled for the first and third Mondays of each month, starting October 5 through February 15, 2021, from 6 to 7:30 p.m. In advance of the meeting, contact Mindy.

Hall@hopehcs.org or call 656-3241; registered participants will receive an email link to join the virtual sessions. Groups do not meet on holidays, and schedules are subject to change.

With generous community support, Hope is able to offer additional specialized counseling programs. Visit [www.hopehcs.org/counseling](http://www.hopehcs.org/counseling) to learn more about grief support for teens and children, and for adults who have experienced perinatal loss, the loss of a parent or child, the suicide of a loved one, or the loss of a pet. Hope also offers caregiver support, an LGBTQ group, crisis support for community schools and businesses, and Spanish language group.

Hope Healthcare, which includes Hope Hospice and Hope Kids Care programs, is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit [www.hopehcs.org](http://www.hopehcs.org).✱✱

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**We also donated \$100,000+ to support SWFL programs serving the ongoing needs of children and hunger relief efforts.** We're committed to supporting our community through these unprecedented challenges.

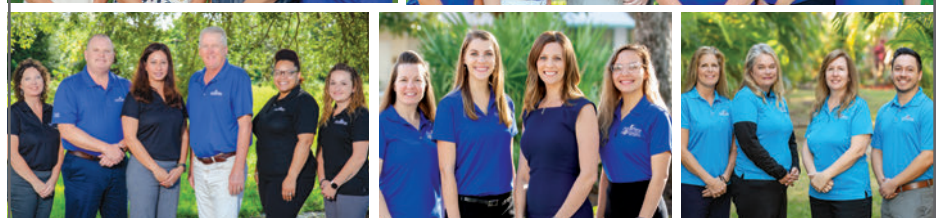
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## Will Power

## What's This Trust Administration?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When a family member who has created a revocable trust passes away, it's not uncommon for the family to believe that the trustee will simply gather the assets, divide them up and distribute them right away. The belief is understandable considering that revocable trusts are often sold as probate avoidance vehicles.

Probate, you might recall, is a legal process wherein your personal representative (executor) admits the will into court as the last will of the decedent, gets appointed to act on behalf of the estate, clears creditors, pays taxes, manages the assets, while

ultimately distributing them as called for in the will. Every step is overseen by a court, which can be time consuming and expensive.

When someone has a revocable trust and has fully funded their assets into that trust prior to death, then the probate process can be avoided. But this doesn't mean that the trustee has many of the same responsibilities as the personal representative of the estate has.

The trustee must still seek out and satisfy the decedent's creditors and pay the decedent's tax bill (with the decedent's funds). The trustee has a fiduciary duty to properly manage and, in some cases, sell the decedent's assets, readying them for distribution to the beneficiaries. Should the trustee neglect his duties, he could be held personally liable to the decedent's creditors, taxing authorities and beneficiaries.

A major difference between a probate administration and a trust administration is that there is no probate court to oversee the trustee's actions. The trustee doesn't have

to wait for a judge to act in order to move the administration forward. On the other hand, since there is no court supervision, if the trustee doesn't perform the acts that he's supposed to, his negligence may not be discovered in time to mitigate damage to the estate and its beneficiaries.

That's why it's so important that when naming a trustee in your trust, you select a responsible, ethical, trustworthy (pun intended!) individual or firm.

Upon learning of the trustee's duties, some wonder if creating and funding a trust is worth the time, effort and money. It is for most anyone with any degree of wealth. First, a trust is private, as opposed to your will and probate process, which is public. In today's age of identity theft, it makes sense to keep your wealth private. You don't want your loved ones vulnerable while grieving, or any time for that matter.

Trust attorneys help guide the trustee through his responsibilities during an administration. The process is often smooth, depending upon the family. In those families that have longstanding sibling conflict, it can get a bit dicey at times. Similarly, for those decedents who "wheeled and dealt" during their life and didn't tie up loose ends, the estate administration could have some unusual issues.

But for the vast majority of clients, trust administrations proceed without conflict. This isn't to say that there aren't difficult decisions to be made. Whether real estate should be retained or sold, or whether a certain tax election should be made can have a substantial effect on the family's inheritance.

Hopefully the client developed a relationship with his estate planning attorney, and introduced his attorney to his loved ones, so the attorney wasn't unfamiliar to them when the client passed away. This fosters a great working relationship, which may ultimately result in favorable outcomes during the administration.

If you have a revocable trust, it's a good idea to understand the trust administration process, and to instruct your loved ones who may one day take on these responsibilities, so that there are no surprises later.

©2020 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✧

## New Segment Of Cape Coral Road Now Open

The Lee County Department of Transportation asks motorists in Northeast Cape Coral and North Fort Myers to be aware of a traffic shift on Littleton Road between NE 24th Avenue and Corbett Road.

Motorists need to use the newly constructed segment of Littleton Road between NE 24th Avenue and Corbett Road. The intersection of Littleton Road and NE 24th Avenue has shifted to the south at Kismet Parkway. New stop signs have been installed on NE 24th Avenue. Motorists traveling on NE 24th Avenue should be prepared to stop at the new intersection at Kismet Parkway and Littleton Road. Residences on Old Littleton Road will remain accessible from the new roadway.

This new segment includes a roundabout at the Littleton Road and Corbett Road intersection. Motorists should know:

The roundabout partially opens during this shift with temporary signals located at the roundabout entrances on eastbound Littleton Road, westbound Littleton Road, and northbound Corbett Road to control when vehicles enter the roundabout.

The traffic signals allow one movement at a time, allowing crews to continue work in the area. The signals will be removed as work progresses.

Motorists traveling westbound Littleton Road to southbound Corbett Road must continue west on Littleton Road through the roundabout and make a U-turn before NE 24th Avenue to return east to Corbett Road.

Crews continue work on Kismet Parkway, building the eastbound to northbound turn lane. During the next few months, the contractor will be completing roadway tie-ins, underground utility work, light pole installation, pond construction and sod.

The Littleton Road-Kismet Parkway realignment project is a joint venture between the Lee Board of County Commissioners and the City of Cape Coral. The estimated \$2 million cost will be paid from impact fees and contributions from the City of Cape Coral.

The construction project realigns Kismet Parkway and Littleton Road at NE 24th Avenue. The new intersection will be a four-lane divided roadway with streetlights at the intersection of NE 24th Avenue and at the roundabout. There will be a four-foot, on-road bike lane on each side of the road. A six-foot concrete sidewalk will be located on the north side of the new road with an eight-foot sidewalk located to the south of the new road.

The project is expected to be completed in mid-December.

For more information about the project, visit [www.littletonroadwidening.com](http://www.littletonroadwidening.com).✧

## Port Authority Approves Rent Relief Program

The Lee County Port Authority's (LCPA) Board of Port Commissioners approved a rental relief package for its airlines, concessionaires and other tenants at Southwest Florida International Airport (RSW) during the joint board meeting of the Board of Port Commissioners and Airports Special Management Committee. This program will provide one-month rent relief to the tenants at RSW for fees and charges due under their lease agreements. It will cost LCPA approximately \$3 million. This initiative comes in addition to the 90-day fees/rent deferral that was extended to its airport partners in April 2020 to help provide cash flow at the start of the pandemic.

"The Board of Port Commissioners was very pleased to be able to waive September payments for the airlines, concessionaires and other tenants and service providers doing business at

Southwest Florida International Airport," said Commissioner Brian Hamman, chair of Lee County Board of Port Commissioners. "This relief comes at a time when reduction in passenger traffic has led to unprecedented financial losses in nearly every business sector of commercial aviation, and we hope it will provide some needed assistance to the stakeholders we rely on to support our airport."

This tenant relief package will be limited to the following: airline fixed rents, retail, food and beverage fixed rents and concession fees, aviation ground rents, non-airline terminal rents, rental car fixed rents, advertising rents, airport plaza fixed rent and concession fees and tenant employee parking, ground transportation, airline ramp parking and rental car privilege fees.

Southwest Florida International Airport served more than 10.2 million passengers in 2019 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit [www.flylcpa.com](http://www.flylcpa.com) or [www.facebook.com/flyrsw](http://www.facebook.com/flyrsw).✧

## FutureMakers Poll Results Released

After the FutureMakers Coalition partnered with the Society for Human Resource Management (SHRM) to conduct a poll of Southwest Florida Human Resource departments in early summer 2020 in order to better understand the COVID-19 issues and challenges affecting their current workforce needs during relaunch or within the next six to 12 months, 63 businesses responded. According to the results:

Approximately 76.2 percent of responding employers reported that it is very likely or likely that hiring new employees is a priority during relaunch or within the next six to 12 months.

Just over 84 percent of responding businesses indicated that it is very likely or likely that training existing or new

employees is part of their strategies during relaunch or within the next six to 12 months.

Approximately 44.5 percent of responding organizations reported that they are very likely or likely to currently offer or are planning to offer incentives or accommodations to existing or new employees to finish or earn a credential. One-third of employers are neutral (neither likely or unlikely) to offering incentives or accommodations to finish or earn a credential.

Almost half (49.3 percent) of responding employers reported that they are unlikely or very unlikely to adapt childcare offerings or to explore new ways to meet the childcare needs of employees to facilitate a return to work.

The Human Resource Departments were also asked an open-ended question to identify the current, biggest challenge(s) specific to their organization's workforce or talent needs. Their replies were then sorted into several broad categories. Approximately 36.2 percent of the responding businesses indicated that finding, hiring and training a qualified workforce is their biggest challenge.

"Even during the current economic uncertainties resulting from the COVID-19 health crisis, the workforce needs of Southwest Florida businesses are very similar to their pre-crisis needs: gaining access to a skilled and sustainable talent pipeline," said Tessa LeSage, director, FutureMakers Coalition. "Unfortunately, unmet childcare needs faced by returning employees during relaunch or in the next six to 12 months may be introducing an additional hurdle to the region's employers."

The full report is available by visiting [www.bit.ly/30J09NC](http://www.bit.ly/30J09NC).

The FutureMakers Coalition understands that employers must draw from the region's talent pool and focuses on changes to the system to connect the untapped workforce with the education and training to fill in-demand jobs by removing attainment barriers and creating a culture of career exploration and aspiration from an early age.✧



## Market Volatility



by Jennifer Basey

After a major run-up, the stock market has recently experienced some significant drops. Unfortunately, no one can predict with any certainty when such swings will occur. But in

turbulent times like these, don't panic. Instead, consider taking these steps to help you maintain perspective:

Stick to your plan – Is your portfolio broadly diversified across asset classes and investing styles? Are your investments aligned with your financial goals, time horizon and risk tolerance? If so, then why change anything? Often, simply doing nothing is the best course of action you can take. It's important to remember that corrections and bear markets – while unnerving – are a natural part of investing. This can be difficult to do. However, it's best to tune out the noise, maintain a long-term focus and avoid making irrational decisions based on fear.

Don't try to time the market – There's an old saying that successful investing

comes from time in the market, not timing the market. Unless you have a crystal ball that can tell you the perfect time to jump out of and back into the market, market timing is not a practical investment strategy. By parking your money in cash, you run the risk of missing out on gains when the market recovers. Sitting on the sidelines – even for a short time – as the market regains momentum can be costly.

Take advantage of buying opportunities – A market downturn doesn't have to be a bad thing. Instead, it could be a buying opportunity. You may be able to take advantage of attractive prices on high-quality stocks that were once considered overvalued. Just make sure they fit into your investment strategy.

If you regularly contribute to your 401(k) or IRA, you are already poised to capitalize on a down market. Making fixed, automatic purchases is a great way to drive down your overall costs, as you will buy more shares when prices are low.

Market volatility can be stressful, but you don't have to go it alone. Your financial advisor can help you keep your investment plan on track and serve as a valuable source of support and advice.

*This article was written by Stifel, Nicolaus & Company for use by Jennifer Basey. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at baseyj@stifel.com.\**

## Financial Webinar

The Above Board Chamber of Florida will continue its slate of webinars with New Financial Strategies in Unprecedented Times from noon to 1:30 p.m. on Thursday, October 8.

The fluctuation in the economy has been a cause for concern in 2020 as the COVID-19 pandemic has affected the entire world. Getting through this safely and with your finances intact can be stressful and difficult. A panel of experts will pass along advice and tips on how to stay financially fit through this crisis.

The panel will include:

Joseph S. Sena, CFP, MBA, private wealth advisor/managing director, Siena Wealth Advisory Group;

Anthony Leopizzi, CFP, CLU, ChFC, CIMA, private wealth advisor, Verita Wealth Advisory Group;

Murat Dorkan, CLU, Dorkan Financial Group, Inc.;

Stacey Adams, financial advisor,

Alliance Financial Group; Caroline Burroughs, MBA, CFA, financial advisor, Raymond James & Associates.

The emcee will be Jeanne Sweeney, CEO/founder of the Above Board Chamber of Florida.

Registration fee for the webinar is \$10. To register, visit [www.aboveboardchamber.com](http://www.aboveboardchamber.com) or [https://us02web.zoom.us/join/register/WN\\_dx0lmibOQpGZnxR5KmYiEw](https://us02web.zoom.us/join/register/WN_dx0lmibOQpGZnxR5KmYiEw). Everyone who signs up will receive a copy of the event program once it is completed.

Yearly sponsors for Above Board Chamber of Florida are Tri-Town Construction LLC, Conditioned Air, CONRIC PR & Marketing, WGPU Public Media, Gulf Coast International Properties, Naples Floral Design, Spada Salon and Day Spa, Your Walking Billboard LLC, Charlie McDonald Photography, Lady in Pink Photography LLC, Signarama North Fort Myers and Creative Business Coaches.\*



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## Refresh The Living Room Scheme



by Linda Coin

Have you ever walked into your living room only to find yourself feeling unsatisfied by the setup that you've had for years? Perhaps the lighting is off, the color scheme

doesn't seem right, or the entire furniture arrangement is bothering you. Maybe you've been feeling this way for a while, or you simply want to make a few adjustments before season is here. Regardless of your reasoning, the smallest changes can have the biggest impact on the overall atmosphere in your home.

If you're not willing, nor planning, to redo your entire living room, you can still achieve an improved mood by making a few simple changes to refresh the space.

The atmosphere can make or break how comfortable you and your guests are in your living room, an area of the home that's supposed to welcome everyone with open arms. If the mood seems dim and grim, you may consider updating your lighting arrangement. A new, modern geometric lighting fixture that uses abstract shape and design can light up the room while giving your space a hint of personality. Adding updated lighting

fixtures is the easiest form of a pick-me-up, and it takes such little effort.

If your current lighting arrangement seems fine, but you want to play around with natural lighting instead, reconsider your window treatments. The right design will let the sunshine flow in throughout the day, allowing the mood in the living room to evolve depending on the time. Plus, there's something so bold about dressing your windows in new treatments. While it may seem a small adjustment, the tone of the space can change completely based on the style, texture, hue and shape you choose.

Take a look around the living room. Do you have enough accessories to complement the color scheme and overall feel of the space? Are you lacking expression, or do you simply need to rearrange your current accessories because they seem outdated? Swapping out old accessories for new ones can be the perfect dose of change in your living room. Try adding a decorative tray to your coffee table and fill it with a few candles, vases, flowers and coasters. A new arrangement can transform a wall with minimal effort.

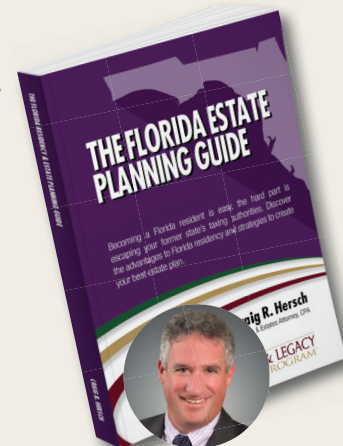
One element that can completely transform your space and bring the room together is an area rug. This is a simple and budget friendly way to change things up. What's best is how easy it is to exchange one rug for a new one if you outgrow the color, texture, or pattern in the design. Plus, you can move it from room to room when you're ready to change things up again.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindeciden.com](mailto:linda@coindeciden.com).\*

## FREE ESTATE PLANNING GUIDE

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- providing the **PEACE OF MIND** knowing everything goes where you want when you pass
- **Most importantly, is your plan up-to-date and Florida-compliant?**



**by Craig R. Hersch**  
Florida Bar Board Certified Wills,  
Trusts & Estates Attorney, CPA &  
Island Sun Columnist

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# Frankly Speaking



by Howard Prager

It seems like when cities hit it right in one sport it spreads to others. This edition is going to feature Tampa Bay. Tampa has two teams in the playoffs – the Lightning in the Stanley Cup Finals and now the Rays in the Major League Baseball (MLB) playoffs. And the Bucs have their first win with Tom Brady. The good news story of the week deals with the son of a former Bucs star in Tampa.

First let me do my best to explain the new baseball bubble, taking place at home fields for the first round followed by a bubble in Texas and California. To ensure that the 60-game season (barely) counted, over half of all MLB teams (16) will be in the playoffs. The six winners of their divisions, three in each league; the runner up in each division, another six teams; and two wild card teams in each league, the teams with the next best records. The first round is called the Wild Card and is a best two out of three, taking place in the ballparks of the division-winning teams. As of this writing, Tampa has the top seed and home field “advantage” in the AL, and would play the Blue Jays. The Cubs would face the Phillies, but have a disadvantage, because they are only hitting .216 at Wrigley Field, the lowest average in Cubs history. Minnesota Twins are also most

likely in the playoffs as the second-best team in their division, and could have the Yankees coming in to face them at Target Field if things stay the same. Baseball playoffs start next Tuesday, September 29 in the AL and Wednesday, September 30 in the NL. One other new wrinkle. Once the teams get into the “bubble,” there will be no travel days or off days during that series. That could take some new strategy on the part of managers as they have to have pitchers and players ready to play “like the regular season,” except it’s the playoffs.

Tampa Bay’s hockey team is back in the Stanley Cup Finals and hoping for a repeat of 2004 when they won it all. As of this writing, the Lightning are tied one game apiece with the Stars, who are also seeking their second Stanley Cup. To get here, the Bolts had to zap the Bruins, the runner-up in last year’s Finals. Part of the key is if Steve Stamkos can return. He’s been practicing with the team. His absence was especially missed on powerplays, where the Bolts were 0 for 3 in Game 1 and finally broke through in Game 2 after going 28 minutes without a goal in power play time. Anyone’s guess how Stamkos can help after not playing for six months. Game 3 will have been played by the time you read this.

Tom Brady is nothing but consistent. His QB rating for the first two games was 78.4 and 80.3. He was 23 of 35 in completions, after going 23/36 the first week. Last week they won, despite dropping 12 passes in the game. The defense is looking good, and the offense scored 31 points. From Tom Brady’s perspective, they should have scored much

more. That may be a new and healthy attitude the Bucs need to have in their locker room and on the field.

The good news story of the week is about a comeback in health. Rex Culpepper is from Tampa and is a senior quarterback for Syracuse. His father, Brad, played for the Bucs (along with the Vikings and the Bears). A year and a half ago, Rex was diagnosed with testicular cancer. This story is a personal one for me – I am a survivor of that, too. (Please encourage all the men in your lives, especially young men from age 16 to 40, to check for this. It is highly curable when caught early). Rex’s cancer had spread to his lymph nodes, and he needed 100 hours of chemo. He beat the cancer and came back to the team last season when he threw two passes as a backup. Last Saturday at Pitt, Culpepper found receiver Taj Harris

sprinting down the right sidelines in the second quarter and converted the 69-yard touchdown, sparking a massive celebration as the Orange took a 10-7 lead. Sadly, the lead didn’t last and Syracuse lost. Culpepper ended up 4 for 9 for 88 yards. While they didn’t get the win, it was an emotional day for Culpepper’s entire family. “Rex has been through hell and back,” his mom, Monica, said, via *The Athletic*. “To see him celebrating that touchdown with his teammates, it meant so much to us because we know the process it took to get to that moment.”

This is definitely a Tampa year.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com).

## Summerset Regatta Sails Next Weekend

The Caloosahatchee Marching and Chowder Society will be hosting the 55th Annual Summerset Sailing Regatta in the waters right off Fort Myers Beach from Friday through Sunday, October 2 to 4.

The sailboat racing will offer a diversion from the COVID-19 pandemic in safe, socially distancing fashion. The skipper of each boat will be in total control of the makeup of his crew, and there will be no sanctioned social events.

More than 40 sailboats from Naples, Marco Island, Punta Gorda, Cape Coral and Fort Myers will compete in four to five different divisional races involving a series of buoy races on Saturday and distance races on Sunday.

The Pink Shell Marina, Moss Marina and Salty Sam’s Marina are offering discounted dockage to welcome the many boats from out of town for the weekend.

The schedule goes like this:  
Friday from 4 to 7 p.m. – Skippers pick up boat bags containing event T-shirts, sailing instructions and door prizes at Bonita Bills Waterfront Cafe.

Saturday at 10 a.m. – Buoy racing begins near the San Carlos Light. Boats gath and race from many vantage points

along the beach from the Beach Pier to Lani Kai to DiamondHead beach resorts.  
Sunday at 9:30 a.m. – Distance Racing.

Awards will be presented at the CMCS monthly meeting at Cape Coral Yacht Club on Tuesday, October 20.

For more information, call Summerset Regatta Chairman Allen Fiske at 305-720-7494.

## Gray Triggerfish Season Reopens

The recreational gray triggerfish season has reopened to harvest in gulf state and federal waters and will remain open through October 25.

NOAA Fisheries has reopened the season because data indicates the recreational quota for gray triggerfish was not met when the fishery was open earlier this spring.

The minimum size limit is 15 inches fork length, and the bag limit is one per person.

If you plan to fish for gray triggerfish from a private recreational vessel, sign up as a state reef fish angler (including those age 65 and older). An annual renewal is required. To learn more, visit [www.myfwc.com/marine](http://www.myfwc.com/marine) and click on “Recreational Regulations” and “State Reef Fish Survey” under “Reef Fish.”

## WANT TO AVOID SURGERY, JOINT REPLACEMENT, OR SPINAL FUSION?



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## SPORTS QUIZ

1. Before embarking on a prolific acting career in film and television, Bernie Casey played eight seasons in the NFL with what two teams?
2. In 1952, fish market owner Pete Cusimano celebrated a Detroit Red Wings goal and started a new tradition by throwing what on the ice?
3. How many inches in diameter is the hole on every standard golf course’s putting green?
4. What relief pitcher led the NL in saves while a member of the Florida Marlins in 2000? Hint: He had polydactyly (six fingers on each hand and six toes on each foot).
5. Name the real-estate magnate who led a group of investors in purchasing the Minnesota Vikings from businessman Red McCombs in 2005?
6. The walled court on which sports such as Basque pelota and jai alai are played is known as what?
7. Who became the youngest driver to compete in Formula One when he started the 2015 Australian Grand Prix at age 17 years and 166 days?

## ANSWERS

1. San Francisco 49ers (1961-66) and Los Angeles Rams (1967-68).
2. An octopus.
3. 4.25 inches.
4. Antonio Alfonseca.
5. Zygmunt “Zyg” Wilf.
6. A fronton.
7. Max Verstappen.



dearRPharmacist

## Are B Vitamins Useful For Treating Acne?



by Suzy Cohen, RPh

**Dear Readers:** Consuming a healthy diet is getting more difficult for everyone lately. So taking supplements to fill in the nutritional gap is a good idea. Today,

my focus is on B vitamins because those formulas are very useful to people, not only for energy, but also to control nerve pain and to help beautify the hair, skin and nails.

Most of you associate biotin as the beauty B vitamin, and that is true, however it's not alone in its ability to support attractiveness. We know that a vitamin B12 deficiency can cause anemia, and therefore also lead to hair loss, pale skin and brittle nails. If you have bluish-black or dark-colored streaks on your fingernails, it might be a sign of B12 deficiency. A deficiency in natural folate can also change the color of your nails and make them rigid and crack. Vitamin B5 reduces sebum oil production.

Biotin is made by you, you know. It's manufactured by the probiotics in your gut. A little-known fact is that B12 will not work without enough biotin in your body. Most people don't know that. So if you want to make more of your own B vitamins, you could start by thinking about gut health, dietary changes and/or a good

probiotic. In as little as three months, you could see changes in your looks, maybe even sooner.

But are B vitamins useful for treating acne? Yes, if you take them in biologically active forms and you keep them in good balance. Biotin and pantothenic acid supplements are useful in treating acne. But B12 is 100 percent dependent on you to have enough biotin.

I saw this a lot when I was in clinical practice. People would test low serum B12. Their doctor would give them shots of B12 for that, to raise their levels quickly. But high doses of B12, when you've been in short supply for years, is not a great idea at all if biotin is low. First, you'd want to prime the body with biotin.

It is likely that a balanced supply of the B vitamins (in particular B12, biotin and niacin) are worth a try if acne is persistent. There are other natural approaches you can take for acne such as saw palmetto, DIM and zinc. I like all of those options much better than the drug that teenagers take (that if taken during pregnancy is associated with cleft lip, congenital heart problems and other birth defects). The B vitamins are so important for your life and, unfortunately, they are so terribly misunderstood. What's worse, millions of people are buying supplements of B complex that do not contain any biologically active ingredients whatsoever.

If you're interested in more about acne, B vitamins, skin health and natural approaches to more attractive skin, I can email you the more comprehensive version of this article. Just sign up for my free newsletter at [www.suzycohen.com](http://www.suzycohen.com).

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✱*

Doctor and Dietician

## Add Zucchini To Your Diet For The Health Benefits



by Ross Hauser, MD and Marion Hauser, MS, RD

Zucchini is a summer squash also known as courgetti and is in the same plant family as melons, spaghetti squash and cucumbers: Cucurbitaceae. It is often considered a vegetable but is botanically classified as a fruit. Who knew? The dark green squash was first developed in the early 1800s in Italy. It has been used in folk medicine to treat colds, aches and other health conditions. Zucchini is low in calories and rich in vitamins, minerals, and plant compounds that help our immune systems.

Zucchini contains carotenoids – antioxidants that help protect our bodies from free radicals – and much of these benefits are found in the green skin. If you have ever worked with zucchini, you know it is loaded with water. It also contains a healthy amount of fiber, so adding zucchini to your diet aids in normal digestion and bowel function.

Adding zucchini to your diet will have an overall beneficial effect (because adding veggies does that) including stimulating bone health, immunity, heart health and hormone function.

You may have been accustomed to an overabundance of zucchini from yours or your friend's gardens. And sometimes they can grow huge! So, what can you do with these zucchinis to add them to your diet?

One of our favorite things to make with zucchini is zucchini fritters (sort of like potato pancakes). Shred one large zucchini and wrap it in a towel to squeeze out as much liquid as you can. Add one egg, half cup gluten-free flour, half cup shredded cheese, (we also like to add chopped cilantro), chopped green onion and garlic, and your favorite seasonings, salt/pepper. Mix. Heat some oil in a skillet and drop mounds onto the pan, pressing them lightly into rounds. Cook a few minutes per side.

We also make zucchini pizza crust much the same way as above but press it into a pizza or sheet pan. We are also big zoodelers – spiralize zucchini noodles versus pasta, or slice it to replace lasagna noodles. We also love to eat it as a side dish, sliced and grilled with a little olive oil and garlic. You can also add it to breads, pancakes, muffins, or cakes or stir-fry, rice/lentil dishes, or soups. It's so versatile.

So, give zucchini a try! It's healthy and tasty!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱*

Beautifulife:

## Treasures



by Kay Casperson

I bet that most of you have heard the phrase, "One person's trash is another person's treasure." I am a firm believer in that very thing and rarely throw anything away that my family doesn't need or

use anymore. Instead, I find a way to repurpose it somewhere else, give it away, or donate it to a charitable organization.

I grew up with parents who loved to look for antiques at garage sales, estate sales and markets. They collected so many things, and many of them – my siblings and I would agree – should never have come home with them. In fact, when my Mom passed on and I helped to move my Dad to a new home in a senior living community, I spent an entire week going through many of his treasures.

It was not easy for him to let go of things even though he knew he needed to downsize. So, he put them in categories, something to keep, things to give, items to donate. It was interesting to watch, and I

had to try to keep him from pulling things back out of the piles at times.

Most of us have treasures that we search for and collect along the way. Because I live on an island surrounded by some of the most beautiful seashells, looking for that next treasure is something I do on my daily beach walks. Even there, I see people looking for only certain shells and leaving behind something that others think is their next treasure.

Regardless of where you live or where your travels lead you, there are treasures somewhere waiting to be found. There are many things to collect as treasures, from teacups, trains and teddy bears to wines, dolls and snowglobes. Having that little something to look for along the way can make your everyday routines or travels just a little more adventurous.

So, as you continue to clean out your closets, cabinets, garage and storage spaces, I encourage you to repurpose your items as much as possible. Put them in a new place, give them away or donate them to a charity, because there just might be someone out there looking for their next treasure in the things you no longer need.

My affirmation for you this week is:

"I will cherish the little treasures that I find on the path to my best and most beautiful life."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of*

*Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.✱*

## New Specialized Virtual Support Groups

Hope Healthcare is offering new specialized support groups for adults, with sessions beginning in October. Led by a professional Hope counselor, the sessions are designed to provide an opportunity to discuss feelings and learn from the experiences of others in a supportive environment. Registered participants will receive an email link to join the virtual sessions through Zoom video conferencing after contacting the counselor in advance of the meeting.

Hope offers the support groups to the community at no cost. Groups do not meet on major holidays, and schedules are subject to change.

The Caregiver Support Group welcomes those who are caring for a loved one who is seriously ill or elderly. The group will meet the first and third

Wednesday of each month from 2 to 3:30 p.m. beginning October 7. Contact [jessica.eastham@hopehcs.org](mailto:jessica.eastham@hopehcs.org) or call 415-7219.

The Loss of Parent group addresses one of the most universal experiences of bereavement: the loss of a mother, father or grandparent. The group will meet the second and fourth Tuesday of each month from 6 p.m. to 7:30 p.m. starting October 13. Contact [janetta.mullins@hopehcs.org](mailto:janetta.mullins@hopehcs.org) or call 333-4245.

The Perinatal Loss Group is open to women who have experienced miscarriage, ectopic pregnancy, stillbirth, or failed attempts with reproductive technology. The group will meet the second and fourth Monday of each month from 6 p.m. to 7:30 p.m. beginning October 12. Contact [lorrie.mccann@hopehcs.org](mailto:lorrie.mccann@hopehcs.org) or call 985-7716.

With generous community support, Hope is also able to offer additional specialized counseling programs. Visit [www.hopehcs.org/counseling](http://www.hopehcs.org/counseling) for more information about Hope's support groups, including grief support for teens and children, and for adults who have experienced the loss of a child, the suicide of a loved one, or the loss of a pet. Hope also offers an LGBTQ group, crisis support for community schools and businesses, and Spanish language group.

For more information, call 482-4673 or visit [www.hopehcs.org](http://www.hopehcs.org).✱





Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
<b>ARTS</b>	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
<b>CLUBS &amp; ORGANIZATIONS</b>	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
<b>AREA ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)

My Stars ★★★★★

FOR WEEK OF SEPTEMBER 21, 2020

**Aries** (March 21 to April 19) Personal matters claim a good deal of the Lamb's time in the early part of the week. But by midweek, pragmatic considerations (work, school, job-seeking, etc.) begin to take priority.

**Taurus** (April 20 to May 20) The seasonal shift ignites the Bovine's creative aspects. You could do well if you try to combine your penchant for innovation with the more pragmatic demands of the week.

**Gemini** (May 21 to June 20) Ideas come easily to you this week. And never mind that some might suggest they're unworkable and/or impractical. It's your vision that counts. Work them out and see what turns up.

**Cancer** (June 21 to July 22) Personal matters continue to dominate the early part of the week. By midweek, more workaday issues once again begin to emerge. Balance your time to give both the attention they need.

**Leo** (July 23 to August 22) A new contact could provide an expanded opportunity. But be sure you get all the facts before you consider signing on. Ask questions, and be wary if you don't get the right answers.

**Virgo** (August 23 to September 22) An unexpected development could cause some supposedly resolved disagreements to reignite. Deal with the situation before it leads to some really serious problems.

**Libra** (September 23 to October 22) A clash of work-linked viewpoints needs to be discussed openly, honestly and calmly by all concerned before it can impede progress on an ongoing project.

**Scorpio** (October 23 to November 21) The Scorpion's pragmatic side helps you accept the possibility that a change of plans might be the wise thing to do. Be sure to weigh all your considerations carefully.

**Sagittarius** (November 22 to December 21) Some people might not take no for an answer. Never mind. Keep your resolve if you're sure you don't want to be involved in a potentially sticky situation.

**Capricorn** (December 22 to January 19) All other facts and figures aside, it's what you learn about potential colleagues that can be most helpful in assessing any decisions you're likely to make regarding a new project.

**Aquarius** (January 20 to February 18) You might want to reconsider some of your outside commitments if they continue to demand more time than you can spare. Be honest with yourself when making a decision.

**Pisces** (February 19 to March 20) Pay attention to that inner voice of Piscean wisdom counseling you to remove those rose-colored glasses and take an honest look at any decisions you might face this week.

**Born This Week:** You have a penchant for persuasion that would make you a fine candidate for a political career.

MOMENTS IN TIME

• On Oct. 4, 1861, President Abraham Lincoln observes a balloon demonstration near Washington, D.C. Both Confederate and Union armies experimented with using balloons to gather military intelligence, but they proved to be dangerous and impractical.

• On Oct. 3, 1917, the U.S. Congress passes the War Revenue Act, increasing income taxes to unprecedented levels in order to raise more money for World War I. While only 5 percent of the U.S. population was required to pay taxes, U.S. tax revenue increased from \$809 million in 1917 to \$3.6 billion the following year.

• On Sept. 28, 1941, the Boston Red Sox's Ted Williams plays a double-header against the Philadelphia Athletics and gets six hits in eight trips to the plate, boosting his batting average to .406.

• On Sept. 30, 1962, in Oxford, Mississippi, James Meredith, an African American, is escorted onto the University of Mississippi campus by U.S. Marshals, setting off a riot that left two men dead. The racial violence was quelled by more than 3,000 federal soldiers.

• On Oct. 2, 1971, *Maggie May* becomes Rod Stewart's first No. 1 hit and tops the U.S. and U.K. pop charts. *Maggie May* was a last-minute addition to the album *Every Picture Tells a Story* and was originally released as the B-side to *Reason to Believe*.

• On Sept. 29, 1988, Stacy Allison of Portland, Oregon, becomes the first American woman to reach the summit of Mount Everest, the highest point on earth. Allison climbed the Himalayan peak using the southeast ridge route.

• On Oct. 1, 1993, Polly Klaas is abducted at knifepoint and then murdered by an intruder in Petaluma, California. Her father, Marc Klaas, later lobbied to bring about California's "three strikes" law, which gave life terms to criminals with three felony convictions, even though those committing less serious crimes also could face life in prison.

NOW HERE'S A TIP

• Cooking a recipe with garlic and onions to start? Invite me to dinner! But first, remember to let the onions cook to nearly translucent before adding the garlic, which cooks much faster. If you put both in at the same time, the garlic will burn before the onions have a chance to deepen their flavor.

• Automatic toilets are great for not having to touch the handles, but they can be scary for kids – and some adults too, if I'm being honest. Try putting a sticky note over the sensor so that it will not flush until you take it off, giving you some control.

• "For chores, I write tasks on sticky notes and put them up on our family board. The kids choose the things they want to do, and when they are done to my satisfaction I sign their ticket. At the end of the week, they can bring me the tickets to pay out. This is for extra money, so they don't have to do it; I don't have to chase them, and I don't have to keep track of it either." – EL in Montana

• Every so often, use a very diluted bleach solution to rinse out your reusable water bottles. Put them on a bottle rack to air dry completely before sealing them back up.

• "I use the same grip tape that my son uses for his baseball bat on my hand tools, like my hammer and pry bar. I also have used it on my lawn tools. It makes a nice barrier that stays put." – CR in South Carolina

• Things you should wash with soap and water more often than you think: hairbrushes, eyeglasses (and sunglasses) and keychains. Think about how often they get handled and how infrequently they get cleaned.

STRANGE BUT TRUE

• English philosopher Sir Francis Bacon (1561-1626) is believed to have eaten a paste of ground pearls and lemon juice to cure illness.

• Speaking of pearls, the ancient Greeks believed they were the hardened tears of joy from Aphrodite, goddess of love.

• Facebook's theme color is blue because Mark Zuckerberg is red-green colorblind.

• Barking Sands Beach in Hawaii is famous for the "woofing" sound the dunes make when built-up sand slides.

continued on page 22



PUZZLES

Answers on page 23

Super Crossword

COUNTY  
EXTENSION

- ACROSS**

1 Singer Judd

6 1960s war zone

9 Old Glory's country

12 Morse click

15 For each

18 City-related

19 He played Lou Grant

21 Haifa native

23 "Alfie" singer

25 Boasted of

26 Idyllic spot

27 City east of Syracuse

28 Not inert

29 See 71-Down

31 Longtime porcelain brand

35 Hitter Ripken

38 Fish-fowl link

40 Some linens

41 Desires

42 Typeface option

44 Gave birth to

47 Put — show

48 Outer: Prefix

51 City on the eastern shore of Lake Erie

55 Pouch near a kettle

60 Aid in crime
- 61 Mix up

62 "It's my guess ..."

64 Workshop

65 Ending for opal

66 "Quantico" network

68 Overwhelm

69 Be inviting to

70 Former Fleetwood Mac guitarist

75 Belt holders

77 They often show DOBs

78 — chi

79 Not-so-great grade

80 Greek "H"

83 Zagreb native

85 Part of a flight of steps

87 Aesir god

88 Walk shakily

89 Follower of James Buchanan

94 Energize, with "up"

96 Dawn deity

97 You, in Germany

98 Piano exercise

99 Optimal
- 103 Provide with a new outfit

106 Not-so-great grade

108 La. neighbor

109 Laurel and Hardy film

114 "Woof!"

116 Effective use of language

117 Lascivious guys

119 Cuba's Castro

123 Spanish dances in 3/4 time

124 Race held every May

128 Let go

129 "Being Julia" star Bening

130 Diglyceride, e.g.

131 Some inserts

132 Steered

133 Topiary tree

134 Suffix with shepherd

135 English county (it can be added to the ends of this puzzle's seven longest answers)
- DOWN**

1 Unclad

2 Bone-dry

3 Certain woodwind

4 Divine food

5 B&B, e.g.

6 Pond dweller

7 "Robin —" (Irish ballad)

8 Senator Rubio

9 Bi-less one

10 Min. division

11 La. neighbor

12 Very varying

13 Designer Mizrahi

14 Fight stopper

15 Pint-size

16 Nine and two

17 Bill add-ons

20 Vacillates

22 Restless

24 Irish money

28 Decompose

30 "To Live and Die —" (1985 film)

32 Sailor's call

33 Joker Jay

34 Put on

35 Plotters' plot

36 Caribbean island

37 Vital factor

39 Zimbabwe, before 1979

43 Astern
- 45 Plus

46 Postpones

49 Hub: Abbr.

50 Grow incisors, e.g.

52 Nation

53 Jack of "Dragnet"

54 Fuzzy fruit

56 Voyaging

57 Feeling blue

58 Energize, with "up"

59 Figure out

63 Written with a #2, say

65 Foot arch

67 Loin or chop

68 Watchdog breeds

71 With 29-Across, new Apple product of 2013

72 Author O'Brien

73 Coins or bills

74 Pop singer Halliwell

75 PC monitor type

76 Jorge's gold

81 Diacritical squiggle

82 Attach

84 Great anger

86 Friend in France
- 87 Mo. #10

90 Paul Anka's "Eso —"

91 Butter-and-flour mixture

92 "Dream on!"

93 — do-well

95 Glorified

99 Diva Streisand

100 Resounded

101 Turtles' tops

102 Private pupil

104 "That kinda thing": Abbr.

105 Rich cake

107 "Piece of cake!"

110 Virtuous

111 It isn't poetry

112 Travel plan

113 Body tubes

115 Smart-alecky

118 Barely earns, with "out"

120 Intro painting class, maybe

121 Rival of Lyft

122 Old stringed instrument

124 Singer Starr

125 Suffix with ethyl

126 Florida-to-Indiana dir.

127 Moines lead-in

1	2	3	4	5		6	7	8		9	10	11		12	13	14		15	16	17	
18						19			20					21			22				
23					24									25							
26					27								28								
				29	30			31			32	33	34								
35	36	37		38		39			40								41				
42				43			44	45	46		47				48	49	50				
51						52				53				54		55		56	57	58	59
60						61							62	63							
64					65				66		67		68				69				
			70	71				72				73				74					
75	76						77				78				79				80	81	82
83						84						85		86				87			
88								89	90	91	92						93				
				94		95		96					97				98				
99	100	101	102				103	104					105			106	107			108	
109					110	111							112	113		114		115			
116																					
123																					
128																					
131																					

King Crossword

- ACROSS**

1 Amorphous mass

5 Pouch

8 Con job

12 Portrayal

13 Id counterpart

14 Actress Jessica

15 "The danger has passed"

17 Borscht ingredient

18 Shelton or Lively

19 Chopping spree?

21 Breakfast for many

24 Jam ingredient?

25 Treaty

28 Teeny bit

30 Cow's chaw

33 Ostrich's cousin

34 Small chalk-board

35 Work with

36 Suitable

37 Gasp for air

38 Impale

39 Masseuse's workplace

41 Not this way!

43 Plot

46 Supermarket section

50 Cupid's alias

51 2,000 pounds
- 54 Legal wrong

55 "Wham!"

56 String

57 Gospels fol-lower

58 Longing

59 Robert of "Airplane!"
- 8 Israeli indi-gene

9 Unambiguous

10 Help a hood

11 Partner

16 Journey seg-ment

20 Pinnacle

22 Big bash

23 Rise

25 Pod dweller

26 Pump up the volume

27 Curtain

29 "Beetle Bailey" dog

31 NAFTA signa-tory
- 32 Society new-comer

34 Unwanted email

38 Tattletale

40 Nuisances

42 Stratego situ-ation

43 — good example

44 Gator's kin

45 Catch sight of

47 Old portico

48 Australian parrot

49 Conclusions

52 Weeding need

53 Have

MAGIC MAZE

END OF  
TIME

X T Q N K I F C M Z W U R P M  
J H E C Z B X U E M I T G A R  
S Q N L J G E E A N Y T I M E  
C Z X V T M E D L E E R E R M  
P U P T I M E M T M T M M N I  
L J H T I M E C I I I A I Y T  
M I S T I M E T M T M W T V R  
T A A T R P F E E X N E E N A  
P E Y L K L I F G E E W N C W  
T A B Z A X I W U L S R O P O  
D M L H J L I G E F D B A D Y

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
Unlisted clue hint: **After Sunrise, Before Sunset**

- Airtime

Anytime

Bedtime

Downtime
- Flextime

Halftime

Lifetime

Mealtime
- Mistime

Onetime

Pastime

Ragtime
- Teatime

Uptime

Wartime





Avocado, Corn and Cucumber Salad

- 1 avocado, diced small
  - 2 ears sweet corn, cut off cob
  - 1 large cucumber, diced small
  - 2 tablespoons fresh dill, chopped fine
  - 1 lime, juiced
  - Sea salt and fresh ground pepper, to taste
- Combine all ingredients and thoroughly mix. Cover and refrigerate for 30 minutes before serving. ☆



Avocado, Corn and Cucumber Salad  
photo courtesy Fresh From Florida

PETS OF THE WEEK  
Lee County Domestic Animal Services  
Bugzzy And Binx

Hello, my name is Bugzzy.

I am a 13-year-old male labrador retriever mix who may be a senior but has tons of love left to give. My absolute favorite pastime is to have my head scratched and to scootch myself backwards until I am sitting on your lap. If you come meet me, it will take approximately 2.5 seconds to fall in love. My adoption fee is \$10.

Don't let a silly superstition keep you from adopting the love of your life. Hi, I'm Binx. I am a 7-month-old female domestic



Bugzzy ID# A438230

shorthair who is not only beautiful and sweet, I am also quite petite and will stay on the small side. I am a staff favorite and hang out in the office area. I will definitely keep you entertained. My adoption fee is \$10, and you can get a feline friend at no additional charge when you adopt me.

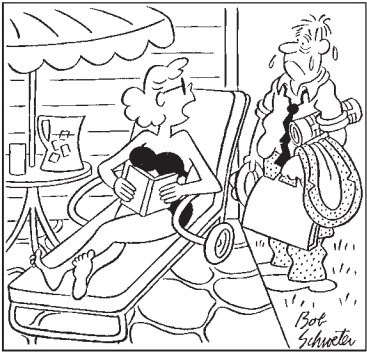


Binx ID# A827734

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. Visit [www.leelostpets.com](http://www.leelostpets.com) to complete an online application. As always, cats and kttens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387. ☆

PUZZLES

Answers on page 23



"Your tired?! I guess it just proves that women have more \_\_\_\_\_ than men."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Mistake  
**PEALS**   

Gift  
**GITARS**   

Place  
**STILLAN**   

Roam  
**MARBLE**   

TODAY'S WORD

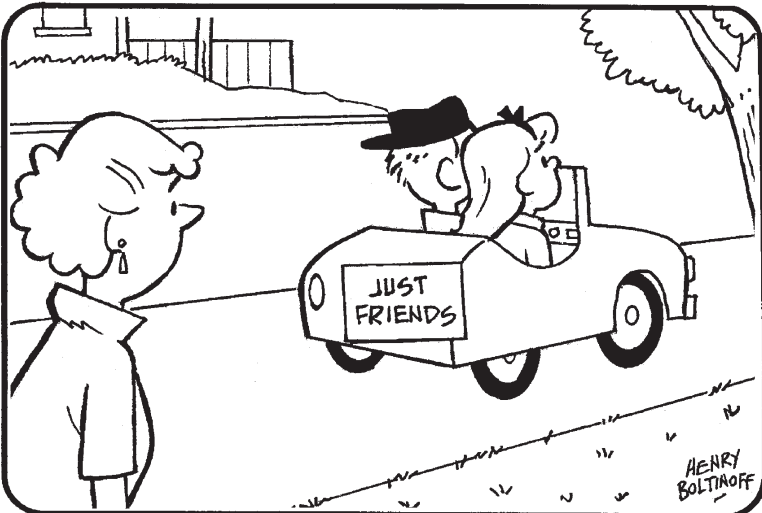
		5	4			9		6
3				2			5	
	7	1			3			2
		8			7			3
	5			1			6	
4			5			2		
7				3			8	
		6			5	3		
	8		9					1

SUDOKU

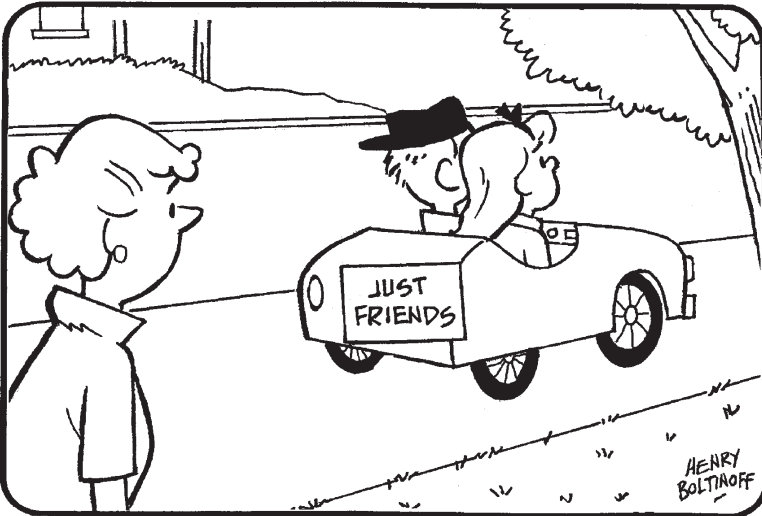
To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

HOCUS-FOCUS

BY  
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tree is larger. 2. Fence is missing. 3. Hubcaps are different. 4. Earring is different. 5. Windshield is gone. 6. Wall has been extended.





**FRIDAY**  
Mostly Cloudy  
High: 89 Low: 78



**SATURDAY**  
Partly Cloudy  
High: 88 Low: 79



**SUNDAY**  
Mostly Sunny  
High: 87 Low: 75



**MONDAY**  
Sunny  
High: 88 Low: 77



**TUESDAY**  
Mostly Sunny  
High: 85 Low: 73



**WEDNESDAY**  
Mostly Cloudy  
High: 83 Low: 74



**THURSDAY**  
Sunny  
High: 81 Low: 69

**Redfish Pass Tides**

Day	High	Low	High	Low
Fri	7:24 am	3:59 pm	None	None
Sat	12:39 am	2:30 am	9:12 am	4:59 pm
Sun	12:46 am	4:13 am	10:38 am	5:45 pm
Mon	1:01 am	5:14 am	11:40 am	6:22 pm
Tue	1:15 am	6:00 am	12:30 pm	6:51 pm
Wed	1:27 am	6:39 am	1:13 pm	7:16 pm
Thu	1:37 am	7:13 am	1:51 pm	7:37 pm

**Point Ybel Tides**

Day	High	Low	High	Low
Fri	6:29 am	4:01 pm	11:44 pm	None
Sat	8:17 am	2:32 am	11:51 pm	5:01 pm
Sun	9:43 am	4:15 am	None	5:47 pm
Mon	12:06 am	5:16 am	10:45 am	6:24 pm
Tue	12:20 am	6:02 am	11:35 am	6:53 pm
Wed	12:32 am	6:41 am	12:18 pm	7:18 pm
Thu	12:42 am	7:15 am	12:56 pm	7:39 pm

**Punta Rassa Tides**

Day	High	Low	High	Low
Fri	6:51 am	1:02 am	9:19 pm	3:02 pm
Sat	8:18 am	2:50 am	None	4:09 pm
Sun	12:43 am	4:08 am	9:54 am	5:17 pm
Mon	1:03 am	5:26 am	11:34 am	6:19 pm
Tue	1:15 am	6:30 am	12:36 pm	7:07 pm
Wed	1:31 am	7:19 am	1:18 pm	7:48 pm
Thu	1:51 am	8:00 am	1:55 pm	8:23 pm

**Cape Coral Bridge Tides**

Day	High	Low	High	Low
Fri	9:34 am	7:15 pm	None	None
Sat	2:49 am	5:46 am	11:22 am	8:15 pm
Sun	2:56 am	7:29 am	12:48 pm	9:01 pm
Mon	3:11 am	8:30 am	1:50 pm	9:38 pm
Tue	3:25 am	9:16 am	2:40 pm	10:07 pm
Wed	3:37 am	9:55 am	3:23 pm	10:32 pm
Thu	3:47 am	10:29 am	4:01 pm	10:53 pm

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PHONE: (239) 472-5247 • CELL: (239) 229-6366

**CLEANING SERVICES**

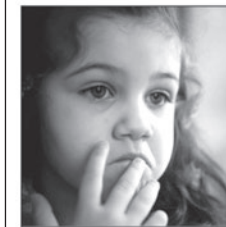
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**The New Math:**  
**\$1 = \$8**

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*Thank you for your generosity!*

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**The Harry Chapin Food Bank**  
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Call (239) 334-7007 or donate online at:  
[harrychapinfoodbank.org](http://harrychapinfoodbank.org)

**THE RIVER**  
WEEKLY NEWS  
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank  
OF SOUTHWEST FLORIDA

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Learn more at  
[savethemanatee.org/rescue](http://savethemanatee.org/rescue)



**Harry Chapin Food Bank**  
OF SOUTHWEST FLORIDA

Mail your tax-deductible donation to:

**The Harry Chapin Food Bank**  
3760 Fowler Street, Fort Myers, FL 33901  
Call (239) 334-7007 or donate online at:  
[harrychapinfoodbank.org](http://harrychapinfoodbank.org)



# New Way To Report Gopher Tortoise Sightings

The Florida Fish and Wildlife Conservation Commission (FWC) has launched a new interactive web application designed to provide biologists with thorough and reliable data, and promote science-based gopher tortoise conservation efforts. The new system replaced the Florida Gopher Tortoise smartphone app, which was decommissioned last week.

The new web application is user-friendly and is designed to function on any device. To report a tortoise sighting or notify the FWC of a sick, injured or dead tortoise, simply visit [www.myfwc.com/gophertortoise](http://www.myfwc.com/gophertortoise) and click on the button that reads "Report Gopher Tortoise Sightings." There, you can also view an interactive

map, which features user-submitted photos and locations of tortoise sightings throughout the state.

"We appreciate the thousands of citizen scientists who have reported gopher tortoise sightings using our original Florida Gopher Tortoise app over the years," said Michelina Dziadzio, monitoring coordinator for the Wildlife Diversity Conservation Section of the FWC. "These citizen scientists have helped the FWC enhance gopher tortoise conservation, and we're excited for their continued participation using the new web app."

The gopher tortoise is a protected species that occurs in all 67 Florida counties. The tortoise is known as a keystone species, and its burrows serve as important refuges for 350 native species including threatened species such as the Eastern indigo snake, the burrowing owl and the gopher frog.

For more information about gopher tortoises, visit [www.myfwc.com/gophertortoise](http://www.myfwc.com/gophertortoise).

From page 18

## Strange But True

- In 2012, the makers of Bubble Wrap-brand cushioning conducted a survey in which respondents said that just over one minute of popping bubbles provided the stress relief equivalent to a 33-minute massage. Don't have any on hand? No worries. The manufacturer also released an iPhone app that allows you to pop virtual bubbles all day long.
- Fear of young people is known as "ephebiphobia."
- The astronomer William Henry Pickering thought that black spots on the Moon were migrating insects.
- In Ethiopia, a spot appropriately known as "The Gateway to Hell" is one of the hottest on earth, with air that's toxic to humans. Scientists have found organisms in its acid pools that are capable of surviving without oxygen.
- Avid readers aren't normally

intimidated by a hefty tome, but they might well pause at what's been called the largest book ever. Weighing more than 3,000 pounds and measuring 16.40 feet by 26.44 feet, with 429 pages, *This the Prophet Mohamed* was created in 2012 by 50 people in the United Arab Emirates.

- A gallon of gasoline contains a whopping 31,000 calories. We don't expect that you would actually drink it, of course.
- A California man who made a personalized license plate that said "No Plate" received more than 2,500 parking tickets.

### THOUGHT FOR THE DAY

"Today's accomplishments were yesterday's impossibilities."  
- Rev. Robert H. Schuller

### TRIVIA TEST

1. **U.S. States:** Where is the Rock & Roll Hall of Fame located?
2. **Literature:** Which famous novel

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1/26 ★ TFN

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9/25 ★ 10/9

### RENTAL WANTED

**FEMALE SEEKING RENTAL**  
Female seeking long term rental on Sanibel Oct-May. Master gardener/landscaper able to do yard work or pet sit if needed. Will consider all types of rentals: house, apt, boat, etc. Debbie 815-302-7668.  
9/25 ★ 10/2

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**RENTING FOR OVER \$1,500?**  
Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment.  
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REMAX OF THE ISLANDS  
6/5 ★ TFN

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1/25 ★ TFN

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7/10 ★ 9/25

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11/29 ★ TFN

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9/25 ★ 9/25

### FICTITIOUS NAME


**FICTITIOUS NAME**  
NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under The fictitious name of OCEAN TRIBE OUTFITTERS, located in Lee County, Florida, with an address of 455 59 Periwinkle Way, Sanibel, FL 33957 intends to register said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 25th Day of September 2020.  
Sanibel-Captiva Conservation Foundation, INC, 3333 Sanibel-Captiva Rd, Sanibel FL 33947  
9/25 ★ 9/25

### LOST/FOUND

**LOST CAT**  
Grey/white semi-Tiger type, with white face, belly and paws. Responds to name of "Bushy." Reward.  
If seen, please call 239-980-3592.  
8/7 ★ TFN

### RECREATIONAL VEHICLE

**IMMACULATE MOTORHOME**



32' Motorhome - ONLY 26,815 miles! NADA VALUATION with included options is over \$70,000. We are selling for \$62,500. One owner Class C 2015 Model Forester 3051S maintained in immaculate condition! We love this RV, however we have purchased a second home in Sanibel and no longer use RV like we originally did. Will also sell 2013 Honda CRV Toad with Tow Bar and InvisiBrake System. NADA value of CRV is \$13,250, selling for \$11,000. CRV is will maintained with 4 new tires and includes a bike rack that carries 4 bikes. Together, the RV and CRV is priced to sell and will provide you everything you need to explore the country. 412-580-5467.  
9/4 ★ 10/23

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9/4 ★ 9/25



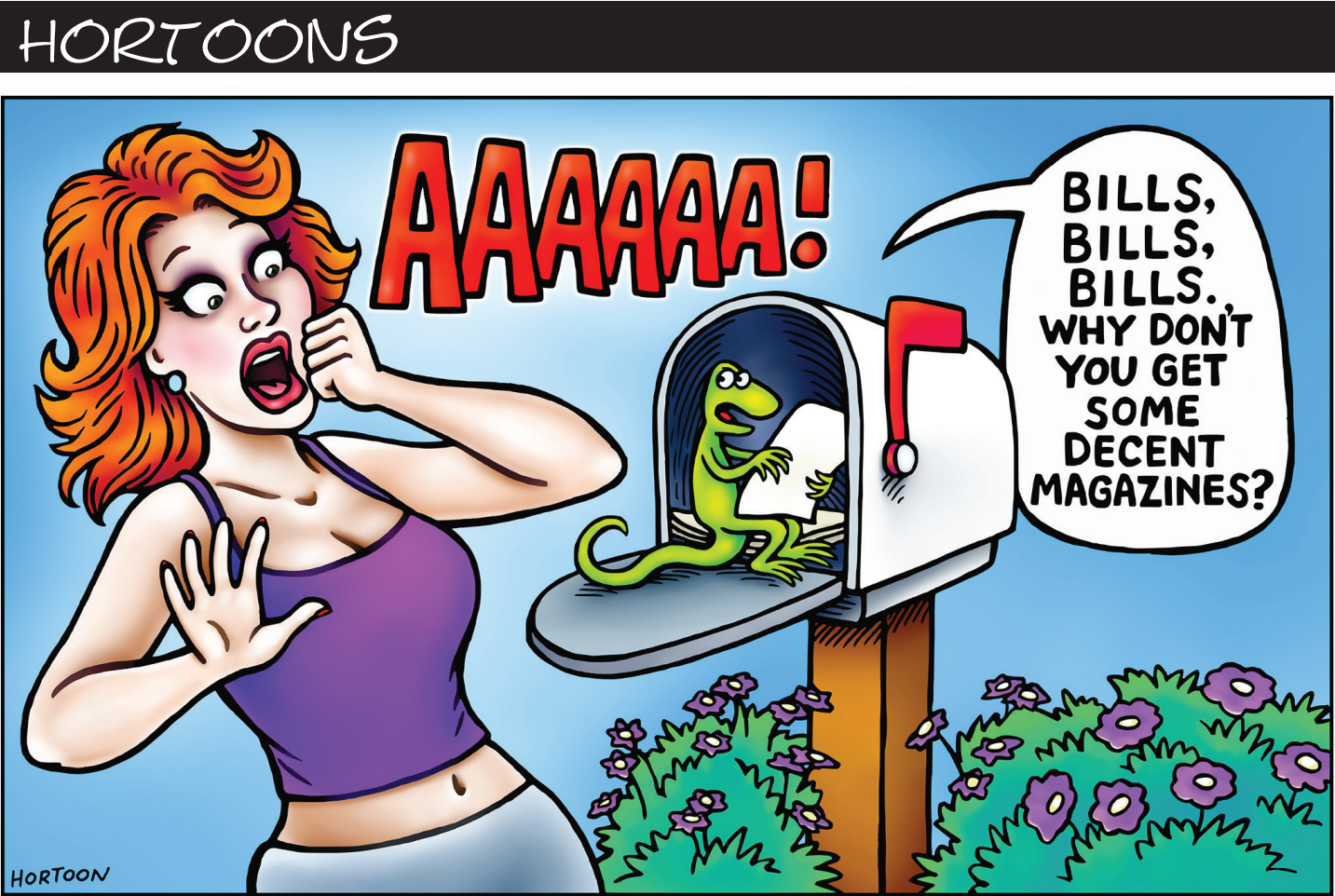
- begins with the line, “You better not never tell nobody but God”?
3. **General Knowledge:** What is the nickname of Tulane University's athletic teams?
  4. **Music:** Acorn, drop, ball and barrel are all types of what?
  5. **Movies:** Which animated Disney movie featured the theme song *A Whole New World*?
  6. **Games:** How many strikes must one throw to achieve a perfect 300 score in bowling?
  7. **Anatomy:** Which human organ filters blood, removes waste and regulates salt levels?
  8. **History:** How many people survived the sinking of the *Titanic* in 1912?
  9. **Geography:** Where is the island of Palau located?
  10. **Animal Kingdom:** What is a group of rhinoceroses called?

TRIVIA ANSWERS

1. Cleveland, Ohio 2. "The Color Purple" 3. The Green Wave 4. Drumssticks 5. Aladdin 6. 12 7. Kidneys 8. 706 9. Oceania 10. A crash or herd

SCRAMBLERS ANSWER

1. Lapse 2. Gratis;  
3. Install; 4. Ramble  
*Today's Word*  
**STAMINA**



PUZZLE ANSWERS

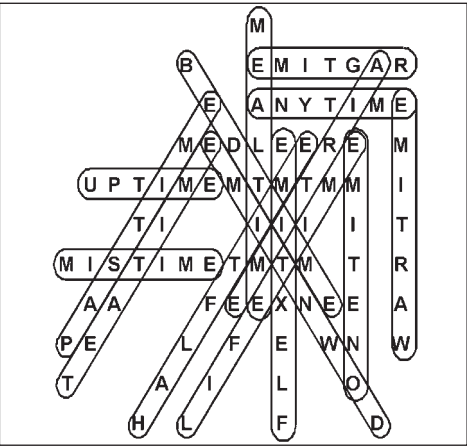
SUPER CROSSWORD

N	A	O	M	I	N	A	M	U	S	A	D	I	T	P	E	R
U	R	B	A	N	E	D	A	S	N	E	R	I	S	R	A	E
D	I	O	N	N	E	W	A	R	W	I	C	K	V	A	U	N
E	D	E	N	U	T	I	C	A				R	E	A	C	T
			A	I	R		R	O	Y	A	L	W	O	R	C	E
C	A	L	I	N	O	R				S	H	E	E	T	S	
A	R	I	A	L	H	A	D		S	O	N	A	E	C	T	
B	U	F	F	A	L	O	N	E	W	Y	O	R	K	T	E	
A	B	E	T	A	D	D	L	E			I	P	R	E	S	
L	A	B	I	N	E	A	B	C		A	W	E	T	E	M	
	L	I	N	D	S	E	Y	B	U	C	K	I	N	G	H	
L	O	O	P	S	I	D	S	T	A	I	C	E	E	T	A	
C	R	O	A	T	I	A	N									
D	O	D	D	E	R	A	B	R	A	H	A	M	L	I	N	
			P	E	P		E	O	S		S	I	E	T	U	
B	E	S	T			R	E	S	U	I	T		D	E	E	
A	C	H	U	M	P	A	T	O	X	F	O	R	D	A	R	
R	H	E	T	O	R	I	C				R	O	U	E	S	
B	O	L	E	R	O	S		K	E	N	T	U	C	K	Y	
R	E	L	E	A	S	E		A	N	N	E	T	T	E	E	
A	D	S	L	E	D		Y	E	W		E	S	S	S	H	

KING CROSSWORD

G	L	O	B		S	A	C		S	C	A	M
R	O	L	E		E	G	O		A	L	B	A
A	L	L	C	L	E	A	R		B	E	E	T
B	L	A	K	E			K	A	R	A	T	E
				E	G	G	S		C	A	R	
P	A	C	T		A	T	O	M		C	U	D
E	M	U			S	L	A	T	E		U	S
A	P	T			P	A	N	T		S	T	A
		S	P	A			D	O	W	N		
S	C	H	E	M	E				A	I	S	L
E	R	O	S			S	H	O	R	T	T	O
T	O	R	T			P	O	W		C	O	R
A	C	T	S			Y	E	N		H	A	Y

MAGIC MAZE



SUDOKU

8	2	5	4	7	1	9	3	6
3	6	4	8	2	9	1	5	7
9	7	1	6	5	3	8	4	2
6	1	8	2	4	7	5	9	3
2	5	9	3	1	8	7	6	4
4	3	7	5	9	6	2	1	8
7	9	2	1	3	4	6	8	5
1	4	6	7	8	5	3	2	9
5	8	3	9	6	2	4	7	1

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2018	5,648	\$4,850,000	\$4,450,000	221
Gulf Shores	Sanibel	1977	2,459	\$2,995,000	\$2,754,333	147
Verona Lago	Miromar Lakes	2006	3,878	\$1,649,000	\$1,435,000	155
Edgewater	Fort Myers	2002	5,292	\$1,595,000	\$1,500,000	72
Seaglass At Bonita Bay	Bonita Springs	2018	3,421	\$1,395,000	\$1,350,000	251
Beachview Country Club Estates	Sanibel	1999	2,594	\$1,375,000	\$1,280,000	118
Catalpa Cove	Fort Myers	2001	4,186	\$1,349,900	\$1,275,000	403
Bellagio At The Colony	Bonita Springs	2002	3,279	\$1,349,000	\$1,250,000	285
Westlake Court	Estero	2017	3,017	\$1,309,000	\$1,300,000	323
Edgewater	Fort Myers	1996	3,698	\$1,299,000	\$1,280,000	140





*Randy Wayne White ©*

# WE'RE OPEN!

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